

# Walk Georgia Activity Tracker

Name:

Dates:

Day	Week 1	Week 2	Week 3	Week 4
	Activity Minutes	Activity Minutes	Activity Minutes	Activity Minutes
Sunday	_____	_____	_____	_____
	_____	_____	_____	_____
	_____	_____	_____	_____
	<b>Total Minutes</b>	<b>Total Minutes</b>	<b>Total Minutes</b>	<b>Total Minutes</b>
Monday	_____	_____	_____	_____
	_____	_____	_____	_____
	_____	_____	_____	_____
	<b>Total Minutes</b>	<b>Total Minutes</b>	<b>Total Minutes</b>	<b>Total Minutes</b>
Tuesday	_____	_____	_____	_____
	_____	_____	_____	_____
	_____	_____	_____	_____
	<b>Total Minutes</b>	<b>Total Minutes</b>	<b>Total Minutes</b>	<b>Total Minutes</b>
Wednesday	_____	_____	_____	_____
	_____	_____	_____	_____
	_____	_____	_____	_____
	<b>Total Minutes</b>	<b>Total Minutes</b>	<b>Total Minutes</b>	<b>Total Minutes</b>
Thursday	_____	_____	_____	_____
	_____	_____	_____	_____
	_____	_____	_____	_____
	<b>Total Minutes</b>	<b>Total Minutes</b>	<b>Total Minutes</b>	<b>Total Minutes</b>
Friday	_____	_____	_____	_____
	_____	_____	_____	_____
	_____	_____	_____	_____
	<b>Total Minutes</b>	<b>Total Minutes</b>	<b>Total Minutes</b>	<b>Total Minutes</b>
Saturday	_____	_____	_____	_____
	_____	_____	_____	_____
	_____	_____	_____	_____
	<b>Total Minutes</b>	<b>Total Minutes</b>	<b>Total Minutes</b>	<b>Total Minutes</b>