

**EXTENSION FAMILY
AND CONSUMER SCIENCES**

**Educates families to become healthier,
more productive, financially independent,
and environmentally responsible.**

Believes

- X Families are the most effective unit to build a competent society.
- X Families must meet their basic needs before they can face challenges of the future.
- X Families and communities depend on each other. When one is strong and healthy, so is the other.

Works with

- X Our federal, state and county partners dedicated to practical problem-solving education.
- X Our co-workers at The University of Georgia, to give families access to the latest research and information.
- X Other public and private organizations and individuals who collaborate with the Extension Service to deliver education to families.

Families Are Our Future

The family is the foundation of a positive, caring society. Healthy families tend to produce healthy children who mature into responsible, contributing adults. Our nation's future rests on the building blocks of strong families.

- * Mothers who understand prenatal care and nutrition;
- * Healthy, thriving children whose parents know how to care for them;
- * Responsible, self-sufficient families and individuals who contribute to better communities and
- * Families that have adequate clothing, housing, and food.

Augusta-Richmond County

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The University of Georgia and Ft. Valley State College, the U.S. Department of Agriculture and counties of the state cooperating. The Cooperative Extension Service offers educational programs, assistance and materials to all people without regard to race, color, national origin, sex or disability. An equal opportunity/affirmative action organization committed to a diverse work force.

AN EQUAL OPPORTUNITY EMPLOYER

**AUGUSTA - RICHMOND
COUNTY EXTENSION**

***FAMILY
AND
CONSUMER SCIENCES***



**PUTTING KNOWLEDGE
TO WORK. . .
*for Georgia Families***

**The University of Georgia
Cooperative Extension Service**
College of Agricultural & Environmental Sciences
College of Family & Consumer Science

The University of Georgia

county faculty based

in

Augusta-Richmond
and Columbia Counties

is:

Betty English

County Extension Agent

Faculty Rank: Public Service Assistant

Programs offered are based on the current needs assessments identified by the local advisory board:

Nutrition, Diet and Health

- * Reducing The Risk of Food Borne Illness:
 ServSafe Instructional Classes
 HACCP Instructional Classes
- * Decrease Risk of Chronic Disease:
 Heart
 Cancer
 Diabetes
- * Pre-natal Care for Un-wed & Teen Mothers
- * Improving Nutrition and Exercise Habits
- * Increasing Knowledge of Food Budgeting
- * Educational Events - 4-H Technical Support

Family Development & Resource Mgt.

- * Improving Quality of Life for Senior Citizens
- * Developing Parenting Skills and Support
- * Providing DHR Requirements:
 Child Care Providers
 Personal Care Home Providers
 DFCS - Foster Parent Programs
- * Developing Financial Self-Reliance
- * Developing and Providing Job Skills Training
- * Educational Events - 4-H Technical Support

Mission Statement

Our goal is to improve the quality of life for individuals and families. We want to help Georgians meet new challenges in a changing environment. We focus on our clients= economic and social well-being through programs that help people extend their incomes, improve their health and strengthen their personal and family relationships.

EXTENSION FAMILY & CONSUMER SCIENCES

HEALTH



**Preventing injury and disease
Developing safe food handling and preservation skills
Promoting health and wellness**

RESOURCES



**Developing financial self-reliance
Increasing environmental responsibility
Improving consumer skill**

RELATIONSHIPS



**Developing parenting skill and support
Fostering positive youth development
Improving child and elder care**