



# What to Bring to Rock Eagle 4-H Camp



## Items to Bring:

- Waterproof sunscreen, chapstick with SPF
- Linens, blankets or sleeping bag, pillow (Linens are NOT provided)
- Daily change of clothes and underwear (shorts, tee shirts, etc. Pack clothes that can get dirty!)
- Shoes and Socks (Bring at least 2 pairs-one that can get wet and muddy and/or sports sandals with a heel strap-NO FLIP FLOPS ALLOWED AT CAMP!!)
- Towels (wash cloth, shower towels and pool towels)
- Soap, toothpaste, toothbrush and other toiletries
- One piece bathing suits (t-shirts are required over 2 piece suits or if deemed inappropriate)
- Rain jacket
- Sunglasses and/or hat
- Money for canteen
- Plastic garbage bag for wet clothes (be sure to label it with first and last name)
- Insect Repellent
- Water Bottle
- Camera (use of disposables is recommended be sure to put your first and last name on camera)
- Shower shoes (these may be flip-flops)
- Pen, paper and stamps for writing home

## Do Not Bring:

- Knives
- Radios, video games, CD players, or cell phones (NO CELL PHONES ARE ALLOWED AT CAMP! –Parents will be given phone number & address for Rock Eagle 4-H center.)
- Shaving cream
- Excessive amount of cash or items of great value (emotional or monetary)

## Clothing Guidelines:

- No clothing should be worn that violates the Code of Conduct or the Georgia 4-H Camp Dress Guidelines (on back).
- Underwear should be worn at all times and should not be visible
- Camp is rough on clothes ( Bring clothes that are okay to get wet or muddy)
- Bring extra socks and underwear-you always need them!

**\*\*\*NOTE: Everything should be marked with the child's first and last name with a waterproof marker.**