



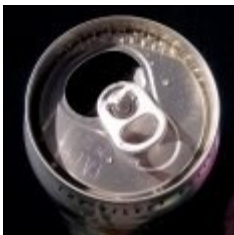
Catoosa County Challenger 4-H Newsletter

September 2011



Welcome back to school! We hope you had a wonderful summer, and are ready to start an exciting new year. 4-H is also raring to go, and looking forward to meeting all of you. What is 4-H? It is a club that meets in your class once a month. We'll explain more at your first club meeting. Be sure to give your parents or guardian the letter you received from your

teacher about 4-H in the classroom and have them fill out the enrollment card on the bottom. Bring your enrollment card to the next club meeting and your class will receive clover points. The fifth grade class with the most clover points will have a pizza party on the last club meeting. You can also earn points by having your parent or guardian sign this newsletter. Just cut the bottom portion and bring it to your next club meeting. Keep the rest of the newsletter to keep up to date on what will be happening in 4-H. Check out our website at: www.ugaextension.com/catoosa for updated events and activities.



Why Does 4-H Collect Pop Tops?

For the Ronald McDonald House. The Ronald McDonald house allows seriously ill children and their families a place to stay while they are out of town for medical treatment. So be a part of a great cause and save your pop tops.



Catoosa County 4-H Staff:
Joi West,
4-H Program Assistant
Charles Lancaster,
County Extension Coordinator



Georgia 4-H offers many opportunities for your 4-H'er. Unfortunately, without adult volunteers we are unable to provide as many events and activities as we would like. Come by the 4-H Extension office and pick up a volunteer application or for more information call the Extension/4-H Office: 706-935-4211 or email: joiwest@uga.edu

Grandparents and former 4-H'ers are always welcome.

Catoosa County 4-H/Extension Office is located at 43 Maple Street, Ringgold, GA 30736
Phone: (706) 935-4211 Email: joiwest@uga.edu Website: www.ugaextension.com/catoosa



PARENTS PLEASE CUT THIS PORTION AND SIGN SO I KNOW YOU RECEIVED A COPY OF THIS NEWSLETTER. WHEN YOUR STUDENT RETURNS THIS SLIP BACK AT THE NEXT CLUB MEETING, THEIR CLASS WILL RECEIVE 5 CLOVER POINTS.

4-H'ERS NAME: _____

SEPTEMBER 2011 ISSUE

PARENTS SIGNATURE: _____

TEACHER NAME: _____

BLOCK OR CLASS _____



CATOOSA COUNTY COUNCIL

County Council will start in October. County Council meets once a month on the second Tuesday of the month from 6:00-7:15 pm, and leads the Catoosa County 4-H through the year. We will meet at the Catoosa County Extension/4-H Office. This is a perfect chance for you to be a part of 4-H if 4-H does not come to your school. County Council is a great leadership opportunity, and we know that you are up for the challenge! The County Council Officer requirements are as follows:

- The President position must be filled by a Senior 4-H'er (grades 9-12).
- The Vice-President and Secretary/Reporter positions are open to Junior and Senior 4-H'ers (grades 7-12).
- School Representatives—one from each school (any grade).
- All officers must complete a portfolio and participate in District Project Achievement in March (excluding Cloverleaf school representatives).
- Officers must attend all officer meetings and County Council meetings unless a valid excuse can be provided.
- Officers must maintain a great attitude and always represent 4-H with pride. You must be friendly and encouraging to all 4-H'ers.



GOT MILK? (5th and 6th grade)

Then you can enter the MilkMake Contest Recipe. Go to www.ugaextension.com/catoosa for details or ask me about how to participate. Winners receive a 4-H MilkMake T-shirt, a "milk" bookmark and a certificate.



PEANUTRITION CONTEST (Cloverleaf and Junior 4-H'ers)

Have a favorite peanut butter sandwich recipe? If so, enter the Peanutrution Contest. Go to www.ugaextension.com/catoosa for details or ask me about how to participate. Winners receive a 4-H Peanutrution T-shirt.

What Every 4-H'er Should Know



The 4-H Pledge

I pledge:
My Head to Clearer Thinking
My Heart to Greater Loyalty
My Hands to Larger Service, and
My Health to Better Living
For My Club, My Community, My Country
and My World.

The 4-H Motto

"To Make the Best Better"

The 4-H Colors

Green and White

The 4-H Slogan

Learn By Doing

The 4-H Emblem

The Four Leaf Clover



Quick tip reminder for Jr. & Sr. 4-H'er's

It's important that you start working on your portfolios for this 4-H year. We will be starting our portfolio workshops a lot earlier to allow you enough time to include all your project activities.

The UGA Cooperative Extension offers educational programs, assistance and materials to all people without regard to race, color, national origin, age sex or disability. An equal opportunity/affirmative action organization committed to a diverse work force.