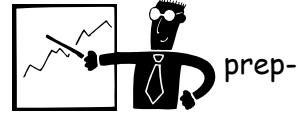


## Junior/Senior Project Achievement

Project Achievement is one of the most note-worthy 4-H competitions in the Georgia 4-H program. This event allows 4-H'ers to develop both oral and written communication skills, while giving them the opportunity to investigate or research a topic of their interest.

Project Achievement for Junior and Senior 4-H'ers is a two part process involving the preparation of a 4-H Portfolio and a demonstration (6-10 minutes for Juniors and 8-12 minutes for Seniors) in one of the many project areas offered through Georgia 4-H. The 4-H Portfolio is a written record of their involvement in their selected project area and other activities. By preparing a portfolio, young people learn the skills needed to complete resumes, college applications and scholarship applications.



4-H'ers compete in Junior/Senior Project Achievement at Rock Eagle on March 4-6. Portfolios are due to the 4-H office by or no later than December 17. Portfolio workshops are also available to participants on October 28 and November 16 at the 4-H office.

### So what is a portfolio and how do I get started?

A portfolio is a collection of your 4-H work from the past calendar year beginning **January 1** and ending **December 31, 2010**. Learning and leadership activities that you have done in your project area, 4-H experiences, community service, and leadership should be included in your portfolio.

The parts of a portfolio are listed below:

#### **Part 1 for Juniors:**

**Background**—should be a short paragraph telling a little about yourself, why you chose your project, your 4-H experience, goals for the future, etc. You may include information from previous years in this section.

#### **Part 1 for Seniors:**

**Cover Letter**—one page formal letter to your project judge that is longer than the background paragraph written for a junior portfolio but contains the same information. You may also include information from previous years in this section.

#### **Part 2 for Juniors and Seniors:**

**Resume**—two pages of 4-H experiences be divided into these areas:

- Main Project Work
- Main Project Sharing/Helping Experiences
- Leadership Activities
- Community Service and Citizenship
- 4-H Activities
- Other Activities and Information



#### **Part 3 for Juniors:**

**Supporting Material (or Picture Page):** one page of pictures, newspaper clippings, and other documentation that supports your portfolio.

#### **Part 3 for Seniors:**

**Supporting Material (or Picture Page):** this will be two pages of pictures, newspaper clippings, and other documentation that supports your portfolio.

### Cloverleaf County Project Achievement

County Project Achievement is a fun opportunity for **5th & 6th grade 4-H'ers** to share and compete with one another by choosing a project and presenting a demonstration with visuals. This event will take place on **Saturday, January 22nd at Clarke Middle School from 9:30 am until 12:00 pm**. Any 5th or 6th grade 4-H'er who wishes to compete in this activity will need to sign up with their teacher. With 60 different projects from which to choose, there is something for everyone! More detailed information will be presented to you during your October and November Club Meetings. As a bonus, winners from the CPA competition in January will earn the opportunity to travel to Rock Eagle 4-H Center in Eatonton, Georgia to compete at Cloverleaf District Project Achievement on **February 12**.

### Here are a few helpful portfolio tips:

- Avoid using acronyms or slang when writing your portfolio.
- Remember that any work that you do in 4-H or other organizations can be included in your portfolio regardless of your project category.
- Your Background/Cover Letter and Resume should be no smaller than 10 point font, typed in black ink and printed on white, 8 ½ x 11 inch paper with at least a ½ inch margin on all 4 sides of the paper. Do not include artwork on these pages. Bullets and computer generated boxes may be used.
- For each activity that you list in your portfolio, include how many times you have participated in that activity throughout the past year.
- The pictures on your supporting materials page should be eye-catching and organized. Leave some space between your pictures so that the page(s) do not look overcrowded. Also, make sure that your pictures are large enough to clearly see what you are doing. For your pictures, include a short blurb about what you are doing in each picture. Identify yourself in your pictures with an arrow or dot.

# The 4-H Messenger



Providing Athens-Clarke County Juniors & Seniors with the Latest News!

Athens-Clarke County 4-H  
2152 West Broad Street - Athens, GA 30606  
Phone: 706-613-3640 Fax: 706-613-3643  
On the Web: [www.ugaextension.com/clarke/4H/index.html](http://www.ugaextension.com/clarke/4H/index.html)

## October 2010

## Challenge Bowl Team takes Top Honors

Challenge Bowl is a fast paced quiz bowl competition. Students answer questions from the areas of cooperative extension programming including history, 4-H, agriculture, and



family and consumer sciences. A challenge bowl team must have a member from each of the age levels in 4-H. This year's team is Kaya Pollock, Mackenzie Wurst, Kira Pollack, and Asha Mathis. Congratulations for winning 1<sup>st</sup> place at the state competition at the Georgia National Fair! The first place prize of \$1000 will be divided equally between the four members to use toward 4-H activities.

### Helping Others

Each holiday season, ACC 4-H Junior and Senior 4-H'ers assist the Salvation Army during the Holiday Kettle Drive by "ringing the bell". Detailed information about this community service activity will be in next month's newsletter!



#### ACC 4-H Staff:

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## Clover 5K Road Race



### Great Success

Seventy-two runners participated in the 4<sup>th</sup> Annual Clover 5K on 10-10-10. The Clover 5K was established by the class of 2007 as a way to give back to the 4-H program. Several of the members of the class of '07 returned to assist with the race. **What will your senior class do to leave a legacy for tomorrow's youth?!**



## Athens - Clarke County 4-H'ers Compete at District Forestry Judging

The ACC 4-H Forestry Judging team traveled to Wahsega 4-H Center to participate in the district Forestry Field Day competition on September 9, 2010. This year's senior team placed 5<sup>th</sup> in the competition. Kira Pollack was the high scorer for the team, receiving a perfect score on timber volume estimation. The forestry team met during summer vacation learning tree, insect, and disease identification, as well as orienteering and timber volume estimation. Team members include Patrick Silcox, Erin Hollander, Kira Pollack, Chris Silcox and Jacob Hollander.





## ACC 4-H'ers Attend Georgia Youth Summit

The fifth Biennial Georgia Youth Summit was held at the Rock Eagle 4-H Center in Eatonton, Georgia from September 11th - 13th. This three day leadership conference was attended by 716 youth and adults from 133 counties. This summit is designed to increase awareness of state and local issues, enhance youth-adult partnerships on the local level, and equip youth to become active locally in the betterment of their community. The summit focuses on issues related to Economic Development, Education, and Health and Safety. Representing Athens-Clarke County were: Hillary Austin, Erin Hollander, Ansley Jordan, and Morgan Wurst. Asha Mathis, junior from CSHS, served on the planning committee for this year's Youth Summit.

## Exciting, New Opportunities for You and Your Friends

When competing on a judging team, 4-H'ers not only learn the basics of judging and placing, they also learn the valuable life skills of decision making, critical thinking, organization, teamwork, competition, public speaking, and self confidence. In addition to Forestry, Wildlife, Poultry, and Consumer Judging, which are offered through Athens-Clarke County 4-H already offers, there are a few more judging opportunities:

**Horse Judging:** Each spring, usually in May, the State 4-H Horse Judging contest is held in Athens. Contestants judge eight classes, four conformation and four performance classes. In addition, they give 2-4 sets of reasons to justify their placings and explain their decisions.



**Dairy Judging:** This event is the evaluation of Holstein and Jersey cows and heifers, in addition to giving oral reasons to justify and explain the placings. This contest takes place in April and is also held in Athens.

**Livestock Judging:** The judging of beef cattle, hogs, and sheep as well as giving oral reasons to justify and explain the decisions for placing the classes. This event takes place in Athens during March.

**Land Judging:** In this judging event, 4-H'ers learn soil structure, power of erosion, and proper land treatment. They also learn how land is classified.



First Place Senior team members in all state judging events earn trips to the National Competitions and may be eligible for Master 4-H'er status. They are then recognized as Special Events Winners at State 4-H Congress.



For more detailed information about all of the judging contests available, please visit: [www.georgia4h.org/main/activities.htm](http://www.georgia4h.org/main/activities.htm)

**IMPORTANT!!** If you are interested in competing in any of the above judging events, you must contact the 4-H Office. 100% participation commitment from all individuals is necessary in order for these judging teams to be formed.

### And There's More...!



In addition to judging and quiz bowl teams, there are many more events and activities that are offered through the Georgia 4-H program. Most of the programs listed below are for individual participation and more information about each program can be found at: [www.georgia4h.org/main/activities.htm](http://www.georgia4h.org/main/activities.htm).

**Leadership in Action:** recognizes the work of Junior and Senior 4-H'ers as leaders in their communities. 4-H'ers will identify an issue or need in the community or an issue related to agriculture or the environment. Next, determine ways to make a difference and then act his/her plan.

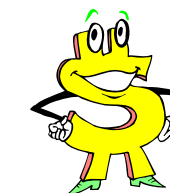
**Dean's Award:** is open to all Senior 4-H members regardless of their prior participation or winning status in other projects. Dean's Award participants will submit a cumulative (4-H career) portfolio and participate in an interview session.

**Citizenship Washington Focus:** is a 4-H leadership program for high school youth. Delegations from across the country attend this six-day program at the National 4-H Youth Conference Center, located outside Washington, D.C. The program is designed to enrich young peoples' lives by broadening their appreciation and respect for themselves and others throughout the world. Participants attend workshops, committees, field trips and social events, giving them hands-on opportunities to learn and grow. Participants learn and practice skills that will make them better citizens and more successful individuals.

These are just a few opportunities and just a little bit of information. So be sure to check out the website listed above to learn more about programs that are offered to you!

### Listen Up Seniors!

Headed off to College after Graduation? Have you considered the costs? With tuition, books, class supplies, room and board . . . it all adds up quickly.



Georgia 4-H'ers are eligible for college scholarships to help with the expense of continuing education after

high school. Information and application requirements may be found on the web at: <http://www.georgia4hfoundation.org/scholarships.htm>.

### TEST YOUR KNOWLEDGE!

As reported early, Athens-Clarke County 4-H won the State Challenge Bowl. But did you know there are a couple of other Quiz Bowls available to test your knowledge?

**Horse Quiz Bowl!** Teams of up to five members from one county compete in a game show type format and answer questions related to equine subject matter. Play consists of double elimination tournament style matches where two teams compete at a time. Competition takes place in January at Rock Eagle.

**Dairy Quiz Bowl!** Teams of up to five members from one county compete in a game show type format and answer questions related to dairy subject matter. Play consists of double elimination tournament style matches where two teams compete at a time. Competition takes place in January in Athens.

**IMPORTANT!!** Due to time constraints, it is not possible to form teams for the 2011 competitions. However, if you are interested in any of the two quiz bowl events, teams wishing to compete in 2012 will need to be formed no later than August of 2011. 100% participation commitment is expected from all individuals.

### Middle School Club of the Month

At every middle school monthly club meeting, there are opportunities to earn points for Club of the Month.

Monthly Club winners will be announced in the newsletter and the club that has the most points at the end of the school year will win a local reward trip! Here are a few ways to help your club earn points: Perfect attendance at club meetings, recruiting new members, collecting pop tabs, community service projects, judging team participation, participate in CPA/DPA, and wearing green or a 4-H shirt!



### 4-H Calendar

#### Upcoming Events & Due Dates

- Portfolio Workshop.....October 28
- Consumer Judging Contest...November 4
- Junior Conference.....November 6-7
- Wildlife Judging Contest..... November 13
- Portfolio Workshop..... November 16
- Senior Fall Forum..... December 11-12
- Jr/Sr Portfolios Due..... December 17
- Cloverleaf CPA..... January 22
- Cloverleaf DPA ..... February 12
- Jr/Sr DPA ..... March 4-6

### Senior 4-H'ers Teach and Assist at Officer's Training



Seventy-five fifth grade 4-H officers from eleven schools attended officer training on September 21, 2010. Collegiate and high school 4-H'ers taught the students about their duties as 4-H officers and share their 4-H experiences.

Great leadership portfolio material girls!



### Senior Fall Forum

Georgia 4-H Fall Forum is December 11-12, 2010 at Rock Eagle 4-H Center. Forum is open to all high school age youth, as well as volunteers. This is a joint program with workshops, activities & events planned for both audiences where *The Best Stuff on Earth Just Got Better* with Georgia 4-H. More information about Fall Forum will be handed out at the November 2nd Senior 4-H Meeting.



### Holiday Cheer

Senior 4-H members will be working on the float entry in the Athens-Clarke County Downtown Parade of Lights to be held on December 2nd. This year's parade theme is "Timeless Traditions".