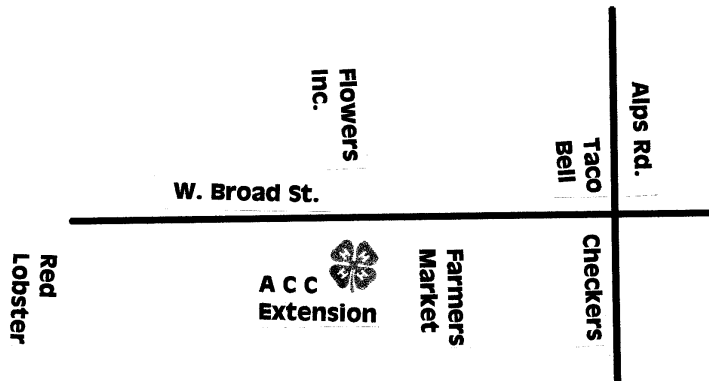


# *Athens-Clarke County 4-H*

## **PARENT & STUDENT HANDBOOK**



Athens-Clarke Co. Extension Service  
2152 West Broad Street  
Athens, GA 30606

Phone: 613-3640

Fax: 613-3643

Email: [ebarber@uga.edu](mailto:ebarber@uga.edu)

Web address: [www.ugaextension.com/clarke/4H](http://www.ugaextension.com/clarke/4H)



Doing our part to help you and your child

"Make the Best Better"

### The 4-H Pledge

I pledge my head to clearer thinking,  
my heart to greater loyalty,  
my hands to larger service,  
and my health to better living  
for my club, my community, my country, and my world.

### What are the 4 H's ?

**Head** 4-H will get you thinking. You'll learn problem solving, decision making and critical thinking skills. 4-H helps you build the knowledge, skills, and attitudes you'll need to be a strong, productive adult. You'll find new ways to see the world and to see yourself.

**Heart** In 4-H, you develop relationships with other young people and with caring adults. You will experience greater loyalty, discover strong personal values, develop positive self-esteem and build healthy relationships that will last a lifetime.

**Hands** In 4-H, you'll do fun things and learn skills you can use for the rest of your life whether on your job, at home, or with your friends. 4-H'ers work to improve their communities, share their skills and ideas with others, and get hands-on experience for the future. You'll learn new skills and explore careers that interest you.

**Health** 4-H helps you learn to make healthy choices about exercise and eating. Being healthy means feeling good inside and outside, with school, friends, and family. In 4-H, you'll also learn how to make your community more healthy by becoming more aware of the environment and taking steps to improve it.

### 4-H Community Service Project

Georgia 4-H participates in an on going community service project to collect aluminum pull tabs from food and beverage cans. The proceeds for this project are donated yearly to Ronald McDonald House Charities. Please save and collect these pull tabs for 4-H. Students earn points for collected tabs when taken to school or you may bring them directly to the 4-H office.



# RECYCLING FOR \$'s

Don't just let metal items rust away. Take all your scrap metal items to the Athens-Clarke County landfill for recycling. Tell the gate keeper at the landfill that you have metal for 4-H recycling. They will direct you to the proper place to deposit your items. Proceeds from the scrap metal benefit our 4-H program. The landfill is located on **Hwy. 78 East beyond the Super Wal-Mart.**



*Volunteers are always needed and can make a big difference. Athens-Clarke County 4-H wants to extend the tradition of a great program and encourage you to become involved with 4-H. Please let us know if you have a particular interest or skill to share with youth.*

**Yes I would like to be a 4-H Volunteer.**  
Please send me more information!

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Area of Interest \_\_\_\_\_

*(All volunteers must complete a security check and be approved by the University of Georgia.)*

# GLOSSARY OF 4-H TERMS

**Cloverleaf** - 4-H'er in 5<sup>th</sup> or 6<sup>th</sup> grade

**Consumer Judging** - Team event which teaches wise consumer decision making skills.

**County Extension Agent** - Faculty members of the University of Georgia who work for the Cooperative Extension Service in your county.

**CPA** - County Project Achievement. Competition on county level where 4-H'er presents a demonstration in a project area. Participation in Project Achievement helps students develop skills in research, organization, and public speaking.

**Demonstration** - A speech telling about or how to do something in which the student is interested using visual aids such as posters or project boards.

**DPA** - District Project Achievement. Winners at the county level (CPA) advance to district competition.

**Wildlife Judging** - Students learn about native wildlife, their habitat, and land management decisions.

**Junior** - 7<sup>th</sup> & 8<sup>th</sup> grade 4-H'er

**Poultry Judging** - Team event where students evaluate the quality of poultry and eggs, including live and ready to cook birds.

**Rock Eagle** - The world's largest 4-H center located an hour south of Athens near Eatonton, GA.

**Senior** - High school 4-H'er.

# WELCOME TO ATHENS-CLARKE COUNTY 4-H

In Georgia, there are more than 180,000 young people learning and having fun through the Cooperative Extension Service's Youth Development Program, 4-H. The 4-H program receives support from the United States Department of Agriculture, The University of Georgia, local and county governments, and donors.

4-H members gain self-confidence by learning good communications and public speaking skills at County Project Achievement (CPA) and District Project Achievement (DPA). They make new friends by attending conferences, camps, and reward trips. 4-H also teaches members wise leadership and decision-making skills through Officer's Training and judging events.

Elizabeth Conway and assistants Mildred Felton, Jessie Moore and Joan Jackson visit the 5<sup>th</sup> grade classrooms and middle schools in the Athens-Clarke County school system monthly during the school year. Students learn about 4-H, Georgia Agriculture, water conservation and the environment, nutrition, and much more. They complete *Friends* books and give demonstrations. High school 4-H'ers meet together after school once a month during the school year.

In the summer, Athens-Clarke County 4-H'ers may attend summer camp at one of the 5 camps that make up the Georgia 4-H Camping Program. Cloverleaf camp is held at Rock Eagle, the largest 4-H center in the United States.

As you can see, Athens-Clarke County 4-H offers many opportunities for team and individual learning experiences that promote team work, develop public speaking skills, enhance decisions making abilities and are just plain fun! If you have any questions about Athens-Clarke County 4-H, please feel free to contact our office at (706) 613-3640.

# IMPORTANT DATES

## 2009

### September

- 3 District Forestry Field Day—Camp Wahsega
- 22 5th Grade Officer Training

### October

- 1 Wildlife Judging team practices begin
- 6 Consumer Judging team practices begin
- 2 Radon Poster contest entries due
- 7 4-H Holiday Cards due at 4-H office

### November

- Peanutrition Recipes due at club meeting (5th grade only)
- 7 Wildlife Judging competition @ Rock Eagle
- 7-8 State wide Junior Conference (7th & 8th grade students)
- 12 Area Cotton Boll/Consumer Judging Competition in Gainesville

### December

- 3 Athens Parade of Lights
- 12-13 Fall Forum (Seniors only)
- 15 Nutrition Posters due (5th grade only)
- 18 Junior & Senior portfolios due
- TBA Citizenship Project – *Ring the Bell for the Salvation Army*



Protected Under  
18 U.S.C. 707

# IMPORTANT DATES

## 2010

### January

- 23 Cloverleaf CPA at Clarke Middle School
- TBA 4-H Day at UGA Basketball and Gymnastics

### February

- Milkmake recipes due at club meeting (5th grade only)
- 13 Cloverleaf DPA at Rock Eagle 4-H Center
- TBA Junior Camp Sign-up (7th and 8th grade)

### March

- 12-14 Junior/Senior DPA (7th-12th grade)
- TBA Poultry Judging Workshops
- TBA Cloverleaf Camp Sign-up (5th and 6th grades)

### April

- 12 Area Poultry Judging Contest at UGA
- TBA ACC 4-H Award Program

### Summer

- Cloverleaf Camp at Rock Eagle June 7-11
- Junior Camp at Jekyll July 5-9
- Jr. Wilderness Challenge Camp at Wahsega July 11-15
- Forestry team workshops TBA
- Summer Reward trip TBA

Athens-Clarke County 4-H  
613-3640