

5th Annual Clover 5K

On your mark, get ready, get set, GOOOO! Athens-Clarke County 4-H will host the Fifth Annual 4-H Clover 5k on Sunday, October 9, 2011 at Sandy Creek Park with the race starting at 3:00 pm. Plaques will be awarded for first, second, and third place finishers in each age division. Racers who pre-register for the race will receive a race t-shirt. Proceeds from the race will be used to fund future 4-H activities throughout the year.

The Clover 5K Race was established by the graduating class of 2007 as a way to provide funding for and to reduce the cost of 4-H activities. The students realized a need in the program and through series of meetings and discussions they arrived upon the idea of a 5K race. Members of the Class of 2007 were very active 4-H'ers participating in state and national events and wished to leave a legacy to the program and have challenged subsequent classes to create their own legacies.

For more information on how to sign up for the race, check out our website:

www.ugaextension.com/Clarke/4H



4-H Holiday Card Contest

Design a holiday card for this state-wide 4-H contest! One design will be selected to use for the card which the Georgia 4-H Foundation will send to sponsors and donors. To enter your own card, just follow these simple IMPORTANT rules:

1. Make your drawing on **white, unlined paper**.
2. The size of the paper must be 8.5 inches by 5.5 inches. This is one half of regular computer printer paper.
3. Put your **NAME, ADDRESS, GRADE, and SCHOOL** on the back of the card.
4. Use a universal December holiday theme rather than depicting one specific holiday.
5. Submit your card to your teacher before your October club meeting. *This is an excellent way to earn points for club of the month!*



Here are a few helpful hints to make your holiday card:

Make your card design attractive and very colorful!

Include the 4-H emblem, the four leaf clover!

Be CREATIVE!



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THE CLOVERLEAF

September 2011

Welcome to 4-H



Welcome to Athens-Clarke County 4-H. 4-H is a community of young people across America who are learning leadership, citizenship and life skills. 4-H is about having fun, learning, exploring and discovering. In 4-H, young people make new friends, develop new skills, become leaders and help shape their communities.

MY NEXT CLUB MEETING IS OCTOBER ____!



The 4-H Pledge

The 4-H pledge states how 4-H goes about helping youth develop and grow in positive ways. As the pledge is recited, hand motions add extra emphasis to the head, heart, and hands as shown below.

I pledge:



To clearer thinking



To greater loyalty



To larger service

and



To better living

...for my club, my community, my country, and my world.

The 4-H Motto: "To Make the Best Better"

The 4-H Motto refers to each member. It means that each member will do the "best" that he/she possibly can in whatever is attempted. The member will then strive to improve the next time so his or her initial "Best" becomes "Better". The 4-H motto encourages members to stretch their abilities and capacities to reach greater achievement within their own potential.

4-H Calendar

5th Grade Officer Training.....	Sept. 27
5K Road Race.....	Oct. 9
Wildlife Judging.....	Nov 5
(practices begin Thursday, Sept 29 after school @ 4-H office)	
Consumer Judging.....	Nov 15
(practices begin Tuesday, Oct 4 after school @ 4-H office)	
Cloverleaf CPA.....	Jan 21
Cloverleaf DPA.....	Feb 18



4-H Summer Camp

2011 Summer Camp was held at the Burton 4-H Center on Tybee Island. Campers learned about marine and coastal ecology as well as having a ton of fun. Top photo: daily beach time and ocean swim. Photo at left: visiting historic Fort Pulaski.

Information about 2012 4-H camp will be available soon and sign up will begin in February.



Coins for Clover

Clover is a loggerhead sea turtle that was raised from a hatchling at the Burton 4-H Center on Tybee Island. She has grown from a few ounces to over 25 pounds. Athens-Clarke County 4-H'ers participated in the "Coins for Clover" campaign to purchase a transmitter to be attached to her shell before she was released on August 4, 2011. By fitting her with a transmitter more can be learned about the life and travels of sea turtles which can help to protect this endangered species.

Photo at right: Clover, with her transmitter on release day, heading out to sea!

