



THE UNIVERSITY OF GEORGIA

COOPERATIVE EXTENSION

Colleges of Agricultural and Environmental Sciences & Family and Consumer Sciences

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August 18, 2009



Dear Educator,

We want to thank you for your involvement with the 4-H program this school year. We are looking forward to working with you and your students.

As we begin the new year, we need your help with getting started. In order to build leadership skills in these students, we allow students to serve as officers for the school year. What would help us most is if you could incorporate the officer election into your lessons (like a Social Studies project). Enclosed is the list of four officers we will need for this year.

We would also like your help in getting the 4-H Enrollment Cards completed. Please make sure your students fill in all the requested information and write legibly. It makes it difficult for our staff to input their information into our computer program if we can't read it.

Please do not hesitate to call us if you have any questions about the 4-H program or our planned lessons for the school year.

Sincerely,

Kevin Tatum
County Extension Agent
Coffee County

Liz Batten
County Extension Program Assistant
Coffee County

5TH GRADE 4-H SCHOOL CURRICULUM SUMMARY



COFFEE COUNTY 4-H

2009 - 2010



<u>MONTH</u>	<u>LESSON TITLE</u>	<u>OBJECTIVES</u>	<u>GAPS/QCC STRAND</u>
Aug./Sept.	Introduction to 4-H	Learn the history of 4-H. Learn about 4-H activities/events.	ELASLSVI
September	Discover MyPyramid	Learn how to read the pyramid. Learn the food groups. Learn the importance of exercise.	Grade 5 Health Nutrition Strand: Nutrition 23 Dietary Guidelines
October	Understanding the Food Label/Serving Size Scramble	Learn serving sizes. Learn what % Daily Value. Learn nutrients to limit in diet.	Grade 5 Health Nutrition Strand: Nutrition 19 Food Labels
December	Fuel for the Body	Analyze eating habits. Determine need for vitamins, minerals, & fiber.	Grade 5 Health Nutrition Strand: Nutrition 20 Nutrients
February	How To Do A Demonstration	Recognize parts of a demonstration. Identify steps in putting together a demonstration.	ELA5C1
Feb./Mar.	Fruits & Veggies: 5 A Day	Learn importance of getting a variety of fruits and vegetables every day.	Grade 5 Health Nutrition Strand: Nutrition 23 Dietary Guidelines
Mar./Apr.	Make Your Drinks Count	Learn that some drinks are full of empty calories and contain lots of sugar.	Grade 5 Health Nutrition Strand: Nutrition 23 Dietary Guidelines

Evaluation Plan: Pre-test – Post-test

Officer's Responsibilities

President

The President:

- will be the person responsible for leading the club.
- should check with other officers to make sure they stay on task.
- is in charge of bringing the meeting to order and adjourning when we are through.
- will set up classroom prior to club meeting and put back in order after meeting is over.
- will be responsible for reminding teacher of club meetings (teachers need help to).
- will have a ceremony sheet to lead the club by. Rehearse what you are to say in club meetings (on the ceremony sheet) so you will be comfortable being in front of the class and speaking.

Vice-President

The Vice-President:

- will assist the President as needed.
- will remind students of club meetings.
- will be in charge of presenting the Inspiration/Words of Encouragement.
- will be in charge of leading the 4-H pledge.
- will encourage students to present demonstrations.
- will keep up with and introduce any 4-H member presenting demonstrations.
- will assist in setting up classroom before club meeting and putting back in order after meeting.

Secretary/Reporter

The Secretary:

- will take detailed notes/minutes of what goes on in the club meetings such as: newsletter information, demonstrations, special guest etc. These notes/minutes will be read aloud to the club by the secretary at each club meeting.
- will need to be a good note taker and pay attention to things going on at club meeting time.
- will assist in setting up classroom before club meeting and putting back in order after meeting.

Record Keeper

The Record Keeper:

- is responsible for recording an accurate account of each member's points and attendance.
- is responsible for turning in the point sheet at the end of the each club meeting.
- will assist the President in setting up classroom before club meeting and putting back in order after meeting.

4-H CLUB OFFICER INFORMATION

Club Name: _____

President: _____

Vice-President: _____

Secretary: _____

Record Keeper: _____



Club Name: _____

President: _____

Vice-President: _____

Secretary: _____

Record Keeper: _____



Club Name: _____

President: _____

Vice-President: _____

Secretary: _____

Record Keeper: _____



4-H CLUB CEREMONY

Call To Order	The meeting of the _____ 4-H Club will please come to order. (Club Name or Teacher's Name)
Inspiration	The Vice-President will now present the thought for the day.
American Pledge	Please stand for the Pledge of Allegiance to the American Flag.
Checking Project Manuals (5th Grade Only)	Is there anyone who has completed their project manual this month? Please turn it in to the 4-H Leader at this time.
Minutes	The Secretary will now read the minutes of last month's meeting. (Pause to give them time to read the minutes.) Are there any additions or corrections to be made? (Brief Pause) If not, they stand approved as read.
Announcements	The 4-H Leader will now go over this month's newsletter and present any announcements that need to be made.
Demonstrations	The Vice-President will now introduce any 4-H members who will present demonstrations today.
Program	Our leader will now present our program for today.
Pledge	Please stand for the 4-H pledge. 4-H Pledge I Pledge: My Head to Clearer Thinking, My Heart to Greater Loyalty, My Hands to Larger Service, and My Health to Better Living, for My Club, My Community, My Country, and My World.
Motto	The 4-H Club Motto is "To Make The Best Better. Please repeat it with me. "To Make The Best Better"
Closing	Our next club meeting will be held_____. This meeting is now adjourned.

VICE PRESIDENTS' "THOUGHT FOR THE DAY"

MONTH USED

- _____ The surest way to make yourself happy is to make someone else happy.
- _____ Almost all of our unhappiness is the result of comparing ourselves to others.
- _____ Promise only what you can deliver. Then deliver more than you promise.
- _____ When you invite trouble, it's usually quick to accept.
- _____ Sometimes the heart sees what is invisible to the eye.
- _____ True wealth is what you are, not what you have.
- _____ You master your enemies not by force but by forgiveness.
- _____ Good manners sometimes means simply putting up with other people's bad manners.
- _____ Dreams come true for those who work while they dream.
- _____ If you're doing your best, you won't have any time to worry about failure.
- _____ Success is going from failure to failure without a loss of enthusiasm. *Winston Churchill*
- _____ Never tell people how to do things. Tell them what to do and they will surprise you with their ingenuity. *George S. Patton*
- _____ Man becomes man only by his intelligence, but he is man only by his heart. *Henri Frederic Amiel*
- _____ So many of our dreams at first seem impossible, then they seem improbable, and then, when we summon the will, they soon become inevitable. *Christopher Reeve*
- _____ He that cannot forgive others breaks the bridge over which he must pass himself; for every man has need to be forgiven. *Thomas Fuller*
- _____ Friendship... is not something you learn in school. But if you haven't learned the meaning of friendship, you really haven't learned anything. *Muhammad Ali*
- _____ We all have big changes in our lives that are more or less a second chance. *Harrison Ford*
- _____ The only true wisdom is in knowing you know nothing. *Socrates*
- _____ The doors of wisdom are never shut. *Benjamin Franklin*
- _____ We are what we repeatedly do. Excellence, then, is not an act, but a habit. *Aristotle*
- _____ Anybody can become angry - that is easy, but to be angry with the right person and to the right degree and at the right time and for the right purpose, and in the right way - that is not within everybody's power and is not easy. *Aristotle*

Monthly Demonstration List

September

4-H Member's Name

Title of Demonstration

1. -- _____
2. -- _____
3. -- _____
4. -- _____
5. -- _____

October

4-H Member's Name

Title of Demonstration

1. -- _____
2. -- _____
3. -- _____
4. -- _____
5. -- _____

December

4-H Member's Name

Title of Demonstration

1. -- _____
2. -- _____
3. -- _____
4. -- _____
5. -- _____

Monthly Demonstration List

February

4-H Member's Name

Title of Demonstration

1. -- _____
2. -- _____
3. -- _____
4. -- _____
5. -- _____

February/March

4-H Member's Name

Title of Demonstration

1. -- _____
2. -- _____
3. -- _____
4. -- _____
5. -- _____

March/April

4-H Member's Name

Title of Demonstration

1. -- _____
2. -- _____
3. -- _____
4. -- _____
5. -- _____

Example of Secretary's Minutes

SECRETARY'S MINUTES

The Lucky Clover 4-H Club was called to order by President Andy Taylor at 8:30 a.m. on Tuesday, October 7, in Mrs. Green's classroom at Summit Elementary School. Vice-President Barney Fife presented a thought for the day. Secretary Bea Taylor read the minutes from the October 3 meeting. The minutes were approved as read.

There were several items of old business to discuss. Adopt-A-Highway was held on October 15, and 45 people came to help clean up 4-H's section of Adopt-A-Highway. There were 200 officers that attended 4-H Officer Training on October 26.

In new business, there will be a Cloverleaf 4-H Dance on Friday, November 18, at The Alapaha Civic Center from 7-10 p.m. Cost is \$5.00 for admission.

Mr. Kevin Tatum presented a program on "How to Prepare a Demonstration for DPA." He told us how to gather information, organize it, and put it into a speech form. He also told us how to prepare some visuals to help us show what we are talking about in our speech.

The next meeting is scheduled for Tuesday, November 5, at 8:30 a.m. in Mrs. Green's classroom at Summit Elementary School.

