

## EXTENSION FAMILY AND CONSUMER SCIENCES

Educates families to become healthier, more productive, financially independent, and environmentally responsible.

### Believes

- Families are the most effective unit to build a competent society.
- Families must meet their basic needs before they can face challenges of the future.
- Families and communities depend on each other. When one is strong and healthy, so is the other.

### Works with

- Our federal, state and county partners dedicated to practical problem-solving education.
- Our co-workers at The University of Georgia, to give families access to the latest research and information.
- Other public and private organizations and individuals who collaborate with the Cooperative Extension to deliver education to families.

## Families Are Our Future

The family is the foundation of a positive, caring society. Healthy families tend to produce healthy children who mature into responsible, contributing adults. Our nation's future rests on the building blocks of strong families.

- \* Mothers who understand prenatal care and nutrition;
- \* Healthy, thriving children whose parents know how to care for them;
- \* Responsible, self-sufficient families and individuals who contribute to better communities;
- \* Families that have adequate clothing, housing, and food.

### Augusta-Richmond County

706-821-2356  
706-821-2584 (FAX)

### Columbia County

706-868-3413  
706-868-3418 (FAX)

[benGLISH@uga.edu](mailto:benGLISH@uga.edu)  
[www.gafamilies.com](http://www.gafamilies.com)  
[www.county.ces.uga.edu/columbia](http://www.county.ces.uga.edu/columbia)

The University of Georgia and Ft. Valley State University, the U.S. Department of Agriculture and counties of the state cooperating. The Cooperative Extension offers educational programs, assistance and materials to all people without regard to race, color, national origin, sex or disability. An equal opportunity/affirmative action organization committed to a diverse work force.

AN EQUAL OPPORTUNITY EMPLOYER

## AUGUSTA - RICHMOND AND COLUMBIA COUNTIES

## EXTENSION FAMILY AND CONSUMER SCIENCES



**Learning for Life**  
for Georgia Families

---

**The University of Georgia  
Cooperative Extension**  
College of Agricultural & Environmental Sciences  
College of Family & Consumer Science

**The University of Georgia**  
county faculty based  
in  
Augusta-Richmond  
and Columbia Counties  
is:  
**Betty English**  
**County Extension Agent**  
**Faculty Rank:**  
**Public Service Associate**

## Mission Statement

**Our goal is to improve the quality of life for individuals and families. We want to help Georgians meet new challenges in a changing environment. We focus on our clients' economic and social well-being through programs that help people extend their incomes, improve their health and strengthen their personal and family relationships.**

---

## EXTENSION FAMILY & CONSUMER SCIENCES

Programs offered are based on the current needs assessments identified by the local advisory board:

### Nutrition, Diet and Health

- \* Reducing The Risk of Food Borne Illness:  
ServSafe Instructional Classes  
HACCP Instructional Classes
- \* Decrease Risk of Chronic Disease:  
Heart  
Cancer  
Diabetes
- \* Pre-natal Care for Un-wed & Teen Mothers
- \* Improving Nutrition and Exercise Habits
- \* Increasing Knowledge of Food Budgeting
- \* Educational Events - 4-H Technical Support

### Family Development & Resource Mgt.

- \* Improving Quality of Life for Senior Citizens
- \* Developing Parenting Skills and Support
- \* Providing DHR Requirements:  
Child Care Providers  
Personal Care Home Providers  
DFCS - Foster Parent Programs
- \* Developing Financial Self-Reliance
- \* Developing and Providing Job Skills Training
- \* Educational Events - 4-H Technical Support

## HEALTH



**Preventing injury and disease**  
**Developing safe food handling and preservation skills**  
**Promoting health and wellness**

## RESOURCES



**Developing financial self-reliance**  
**Increasing environmental responsibility**  
**Improving consumer skill**

## RELATIONSHIPS



**Developing parenting skill and support**  
**Fostering positive youth development**  
**Improving child and elder care**