

CLOVERLEAF NEWSLETTER



DeKalb 4-H Youth Development Program

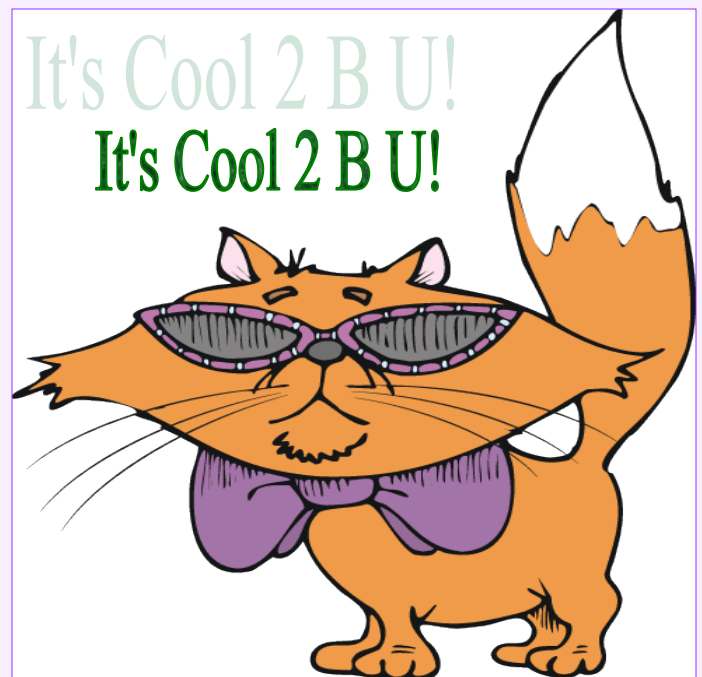
May 2011 Volume VII

Self - Respect

IT'S COOL 2 B U!



One of the greatest benefits to being you is that no one else can do it better than you can. That makes it “Cool 2 B U” and shows that you have “self-respect.” Did you know that every snowflake that falls from the sky is different? It’s true, no two snowflakes are just alike or the same. You are not like anyone else because you are special and a “one of a kind person.” Even if you are a twin, you have special qualities that your twin does not have. You need to like yourself, like the things that you do well and not concentrate on the thing you cannot do. No one can do everything and we should not try. You may never play an instrument, be a basketball player, or be a dancer, so study to be better at the things that you can do and you will be happier and it will show. When

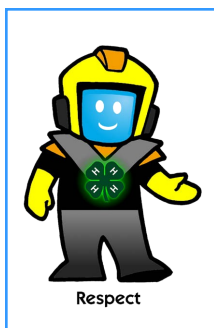


you like you, then others can see just how special you are and they will like you too. If you do not like yourself, it is impossible to like others and it is possible that others will think you are not so nice. Liking yourself means you have “self-respect” and it means you have respect for others. There is something special about you and in you. If you do not know what is special about you right now keep looking inside and you will find it shining like a bright light and see it’s “Cool 2 B U.”





Stay Active with 4-H while on your summer break.



Respect

REMEMBER

4-H

Summer

Camps



Lisa M. Tiller
4-H Program Assistant
4380 Memorial Drive, Suite # 200
Decatur, Georgia 30032
Phone: 404-298-4080
E-mail: lmtiller@dekalbcountyga.gov

4 - H Making The Best Better!

Have A Great



IT'S COOL 2...

BE YOUR OWN PERSON

TRY A NEW ACTIVITY OR SPORT

ASK FOR HELP WHEN YOU NEED IT

KEEP TRYING AND NOT GIVE UP

KNOW YOUR LIMITS

ACCEPT THE GREAT PERSON THAT YOU ARE

DeKalb 4-H Summer Activities

Boom in June*

Healthy Life Styles I
Summer Day Camp
May 24-27, 2011

Community Club Meeting

Monday - June 13, 2011
6:30 - 8:00pm

Clover Mini Society*

June 14 - 16, 2011
8:30am - 5:00pm

Cloverleaf Camp @*

4-H Rock Eagle Center
June 27 - July 1, 2011

Community Club Meeting

Monday - July 11, 2011
6:30 - 8:00pm

Clover Days*

July 20, 2011
8:30am - 5:00pm

Clover Days*

August 2, 2011
8:30am - 5:00pm

*These programs or events require a fee to participate. Please contact our office or visit our website for details and information.

Find us on the Web

www.ugaextension.com/dekalb/4h



The University of Georgia and Ft. Valley State University, the U.S. Department of Agriculture and counties of the state cooperating. The Cooperative Extension offers educational programs, assistance and materials to all people without regard to race, color, national origin, age, sex or disability.

