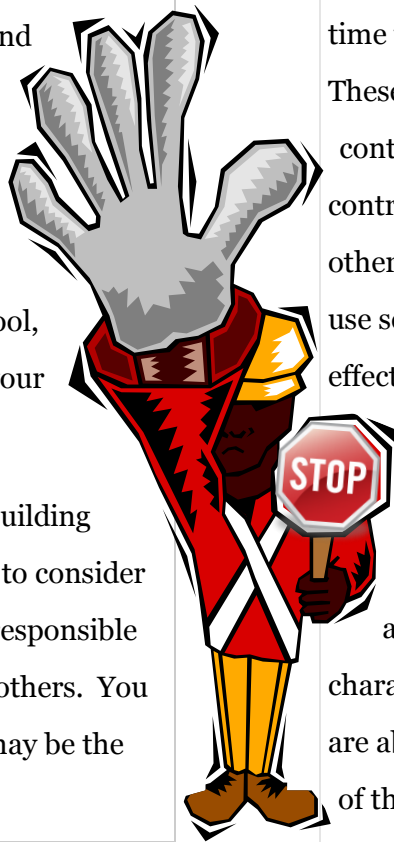


Self - Control

You Can Handle It!

Could you imagine the world if everyone was able to do what ever they wanted? There would be confusion every where and people would not be very happy. We live in a society that has a set a of rules and regulations and everyone is expected to obey the rules. There are rules at your school, your clubs and there are rules in your homes.

Self-Control is part of character building under "Responsibility". We have to consider our own actions and that we are responsible for what we do and how it affects others. You may see something funny, but it may be the wrong time to laugh out loud or



you may be hungry and it is the wrong time to eat.

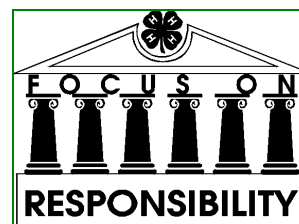
These are two small examples of you using self-control. Each of us are responsible to use self-control to ensure that we are not bothering others. This is an important lesson and when you use self-control you are putting this lesson into effect.

When you attend your 4-H club meeting, a 4-H event, or camp and you follow your leader's instructions and obey the rules, you are showing self-control. A person of character is a responsible person who shows they are able to lead others because they are in charge of themselves.



You Show self-control when....

- You think before you act.
- You think before your speak.
- You control yourself and are responsible for your actions.



CONGRATULATIONS!



Congratulations to all of the 4-H members that participated in the annual Project Achievement event. Many thanks to the 4-H leaders, the parents and volunteers for all of your help and assistance to the members, the 4-H staff and the DeKalb County 4-H program.

Our members collected over seventeen (17) 1st, 2nd & 3rd place medals for their individual project areas. We hope that everyone who wanted to participate and was not able to can participate next year.

First place winners were 6th-grader Amina Daugherty (Stone Mountain Middle) for Performing Arts Instrumental; 5th-grader Malikh Williams (Narvie Harris) for Kitchen Fun; and 6th-grader Karin Colbourne (Chapel Hill Middle) for Clothing and Textiles.

Second place winners include 5th-grader Tationna Almond (Snapfinger Elementary) for Interior Design; 6th-grader Jadan Hughes (Community Club) for Performing Arts; 5th-grader Bria Pugh (Shadowrock Elementary) for Between Meals Snacks; 5th-grader Myal Pettigrew-Tanner (Snapfinger Elementary) for Kitchen Fun; 4th-grader Adam Dickerson (Community Club) for Paleontology; and 4th-grader Darius Weems (Stoneview Elementary) for Rabbits.

Third place winners for the event were 5th-grader Jeremiah Hightower (Gresham Park Elementary) for Agricultural Awareness; 4th-grader Toni Ellison (Oakview Elementary) for Dog Care and Training; 5th-grader Shannon Nuttall (Clifton Elementary) for Flowers, Shrubs and Lawns; 6th-grader LaShay Foster (Redan Middle) for Performing Arts General; 5th-grader Destiny Dewitt (Shadowrock Elementary) for Wildlife; 5th-grader Ivan Perales (Stoneview Elementary) for General Science; 5th-grader Aviyon Moncrief (Snapfinger Elementary) for Public Speaking; 5th-grader Alessa Green (Stoneview Elementary) for Safety; and 5th-grader Justin Tomlin (Snapfinger Elementary) for Sports.

Open Auditions!

We're on the Web!
www.ugaextension.com/dekalb

Overnight

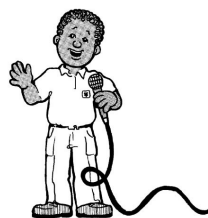
Summer Camp

Join Us @ 4-H Rock Eagle Center

June 27 - July 1, 2011

Some Camp Activities.....

Swimming	Putt-Putt	Dances
Rock Climbing	Hiking	Canoeing
Archery	Sailing	Crafts
Clover Games	Meet New Friends	Sleep in Cabins



We are having an open audition for the 4-H annual Awards Program.

If you participated in project achievement in performance arts you are invited to audition to perform at the 4-H Awards program.

Audition Date:
 Monday, March 28, 2011
 4380 Memorial Drive
 Decatur, GA 30032
 6:00 pm

Please come prepared to perform

Please contact the 4-H office if you have questions @ 404-298-4080

Camp 4-H₂O



4-H Rock Eagle Center

Lisa M. Tiller
 4-H Program Assistant
 4380 Memorial Drive, Suite # 200
 Decatur, Georgia 30032
 Phone: 404-298-4080
 E-mail: lmtiller@dekalbcountyga.gov



The University of Georgia and Ft. Valley State College, the U.S. Department of Agriculture and counties of the state cooperating. The Cooperative Extension offers educational programs, assistance and materials to all people without regard to race, color, national origin, age, sex or disability. An equal opportunity/affirmative action organization committed to a diverse work force.