



What to Pack

- Pillow (optional) and sleeping bag **or** twin size sheets and covers
- Towels & washcloths
- Toiletries (shampoo, soap, deodorant, toothbrush, toothpaste, etc.)
- Daily change of clothing
- Swimming suits (Girls - one piece swim suits)
- Old shirts & shorts (they may get MUDDY)
- Light jacket or sweatshirt (for cool nights)
- Rain gear
- Shoes: (Flip-flops to be worn in cabin only)
- Sun block (30 spf or stronger)
- Insect Repellent
- Plastic garbage bag or grocery bags from the store (for wet clothes)
- Water bottle (this is extremely important because of the heat)
- Money for the Canteen (\$10.00 or so you take a gift home to loved ones)
- Label clothing and personal items.
- Money for **lunch** on the bus trip down and back from camp (\$16.00 per camper - \$8.00 for Monday & \$8.00 for Friday)

Note: Most cell phone carriers do not get service at Rock Eagle.
We have a contact process in place if camper needs to call home or if parents need to contact the staff about your child.

We recommend that any expensive items are left at home.
The 4-H Center does not provide linens, blankets, pillows or towels.

Optional Items

- Day pack
- Inexpensive camera, film
- Binoculars
- Pen, paper, stamps

No CD players, cell phones, or game boys allowed!