

4-H Junior Portfolios Information & Fill-in Guide

What Is It?



- A junior portfolio is a document of all your activities throughout the year from January – December.
- Choose your project first, and then narrow it down to a demonstration.
- Your project work is mainly what you are planning to do your demonstration on at DISTRICT PROJECT ACHIEVEMENT and then additional activities related to the general project.
- The portfolio counts as 40% of your total DISTRICT PROJECT ACHIEVEMENT score

Why Do A Portfolio?

- Completing a portfolio allows you to pick a topic or activity that you enjoy and share it with other people.
- Gives you resume building and public speaking skills.
- It gives you an excellent opportunity to develop leadership and citizen skills.
- Have a free trip to Rock Eagle 4-H Center with fun, games, and dances with your 4-H friends.



How Do I Complete a 4-H Portfolio? (See portfolio format below)

Portfolio Format

- **One side of 8 ½ X 11 paper only**
- **Margins no less than ½ inch on all sides**
- **Left margin of supporting material must be ½ inch**
- Bullets are allowed – can use special shapes (example softballs)
- Clip art can be on supporting material ONLY
- 2 pages of accomplishments on black ink only
- There is minimum of 10 font size requirement, but it must be easily read.
- PROOFREAD

2 pages of accomplishments

- It is helpful for the judges if you put the information in the category format listed below. It is easier to judge.
- In your portfolio for project work (example Sports project), put activities involving your chosen demonstration or concentration first (example: softball)
- Then add other activities that you have taken part in that are still part of your overall project. (volleyball, gymnastics, basketball)
- List in order of importance: National, State, District, County
- Be sure to put numbers to show impact (practiced cheerleading 103 hours)
- Be specific: Start out by listing everything; Seek action words, Think about words you can do; Mentor, taught, led; not went.
- Don't use any abbreviations or acronyms, unless they are statewide in 4-H



1 page of supporting material

Picture page

- Be sure to include lots of pictures in scrapbook format
- Make sure pictures are action shots – you doing something
- Pictures should be good quality
- Can use cut outs from newspaper articles, name tags, event brochures, clovers, etc.



Complete the Junior Portfolio Fill-in Guide and you are well on your way to an award-winning personal 4-H portfolio!



Here's Looking at You Kid!

Background Information – 5%

Paragraph to project judge regarding why you chose this project and what past experiences you have related to the project. Why did you join 4-H? What are your interests? Be sure to not put “Hello my name is and my project is.” This should be about a paragraph long. It can include activities and events from your entire life.

Main Project Work - 25%

Activities – practice, event, trainings, competitions – activity in which you learned something about your project and/or topic.

Learning about your project – Tours, Interviews, Classes, Workshops, Books, Magazines, Television, and Teachers.

Honors and awards in main project area

Remember to give numbers (how many times?, How many in the class you taught?)



Other Activities – 5% - not listed anywhere else in portfolio.



Fundraisers, baby sitting, school/church carnival booth, honor roll, school band, church group and trips, school clubs

School Activities

Community Activities

Anything Else

Supporting Material – 1 page – 5 %

Pictures, Certificates, Ribbons

Be sure pictures are action shots

Make sure there are pictures relating to your project and 4-H activities

Certificates and Ribbons must be scanned or photocopied

You may be creative in labeling your pictures and identifying yourself in the photograph.



Things I Can Do To Make My Portfolio Even Better:
