

# 4-H Senior Portfolios

## What Is It?

It is a list of all your activities throughout the year from January – December.

Choose your project first, and then narrow it down to a demonstration.

Your project work is mainly what you are planning to do your demonstration on at DISTRICT PROJECT ACHIEVEMENT and then additional activities related to the general project.

The portfolio counts for 50% of your total DISTRICT PROJECT ACHIEVEMENT score

## Why do it?

It allows you to pick a topic or activity that you enjoy and share it with other people.

Gives you resume building and public speaking skills.

It gives you an excellent opportunity to develop leadership and citizen skills.

Have a free trip to Rock Eagle 4-H Center with fun, games, and dances with your 4-H friends.

If you place first, you will receive a free trip to State Congress in Atlanta during the summer, to compete on the state level.

## 1 page cover letter

Letter to project judge regarding why you chose this project and what past experiences you have related to the project. Why did you join 4-H? What are your interests? Be sure to not put “Hello my name is and my project is.” This should be about a page long. It can include activities and events from your entire life. It should read “Dear Project Judge.” It can also address future goals.

## 2 pages of accomplishments (see information below)

It is helpful for the judges if you put the information in the category format listed below.

In your portfolio for project work, put activities involving your chosen demonstration or concentration first (example softball); then add other activities that are still part of the project. (Volleyball, gymnastics)

List in order of importance; National, State, District, County

Be sure to put numbers to show impact.

Be specific: Start out by listing everything; Seek action words, Think about words you can do; Mentor, taught, led; not went.

Don't use any abbreviations or acronyms, unless they are statewide in 4-H

## 2 pages of supporting material - Picture pages

Be sure to include lots of pictures in scrapbook format

Make sure pictures are action shots – you doing something

Pictures should be good quality

Can use cut outs from newspaper articles, name tags, event brochures, clovers, etc.

## Portfolio Format

One side of 8 ½ X 11 paper only

**Margins no less than ½ inch on all sides**

**Left margin of supporting material must be ½ inch**

Bullets are allowed – can use special shapes (example softballs)

Clip art can be on supporting material ONLY

2 pages of accomplishments on black ink only

There is minimum of 10 font size requirements, but it must be easily read.

Do not anything more than once.



**Leadership – 20 % - about ¼ page**

**4-H Leadership Roles not related to main project**

Officer, officer duties, candidate for officer, committees, teen leadership activities, helped other 4-H'ers, posted meeting signs, teaching a class, serving as a judge, voting delegate, helping others with portfolio

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**Other Organization Leadership Roles not related to main project**

Student Council/Class Officer, coach/captain of sports team, assisting with Sunday school class, teacher aide/tutoring

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**Community Service/Citizenship – 20% - about ¼ page**

**Activities not related to main project**

**4-H, Individual, or with other groups**

**Helping with your community**

**Give specific details, what you did, how many, how long**

EX. American Cancer Society, Boys & Girls Clubs, Animal Shelter, Police Department, Fire Department, United Way, Military Base, Ronald McDonald House, Rabies clinic, Food Drive, Coat & Mitten Drive, Salvation Army, Adopt a highway, Adopt a stream, DFCS – Baby items, Beautification projects, Elderly, Disabled, community celebrations – parades, school/home recycling, donating clothes, toys, supplies, food, volunteered

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**Other – 10% - about ¼ page**

- Everything else
- Could be second projects
- Other 4-H Activities
- School & Community Activities

**4-H Activities – not listed anywhere else, but are 4-H related**  
**Camps, Club Meetings, Summer Workshops, Judging Teams, District & State Events, Weekend**  
**Retreats, Trips/Tours, Awards/Recognition, Portfolio Workshops, submitted portfolio last year**

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**School Activities – not listed anywhere else in portfolio.**

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**Community Activities**

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**Anything Else**

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