

Senior 4-H Portfolio

Look over the portfolio examples and the **Action Verbs** sheet to get you started.

Make sure to type in your information on a weekly or monthly basis.

Use the examples (ex.) under each section to know where to put your information and to give you ideas on what you can plan to build your portfolio.

Please note that all you have to do is type your information next to the bullet. Then hit enter and it will automatically create a new bullet. Don't worry about how many pages you end up with.

We will pull it all together toward the end of the year.

Don't forget to take pictures of you doing these activities.

Main Project Work (20%)

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ex. - Activities done, learning experiences (portfolio and project workshops), tours, interviews, books, articles made or prepared, pamphlets read, honors and awards earned; **in your project area.**

Main Project Sharing and Helping Activities (30%)

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ex. – Demonstrations, exhibits, talks (see **Sharing Experiences Challenge** sheet) and news articles written that you have shared with others. Leading a project club (see **4-H Project Clubs** sheet), teaching a class, assisting another 4-H'er and working on a community service **in your project area.**

Other Leadership Activities and Teen Leadership Activities (20%)

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ex. – Activities **NOT** related to your project which you had a LEADERSHIP role-holding office, serving on committees, serving as a teen leader for an activity or assisting a fellow 4-H'er.

Other Community Service and Citizenship Activities (20%)

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ex. – Activities **NOT** related to your project where you as an individual or group provide service or complete a project to better the community- working with the elderly, disabled, youth at risk, beautification projects (Hands on Henry), etc. (See **Community Service and Leadership Activities** sheet for more ideas)

Other Activities (10%)

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ex. – 4-H activities ***not related to your project***-participation in county, district, region, 4-H state events, 4-H judging events, 4-H awards and recognition, camps, rallies, conferences, activities (learning, sharing, & helping) in a second 4-H program, information about school, community or church activities, scouts, educational family vacations, etc. etc.

Supporting Material Page

Remember to take action pictures of you doing the activities listed in your portfolio.

(Hint: You can create a portfolio picture file to store these images on your computer.)

You'll decide which ones to use once you have completed the typed portion of your portfolio.

Try the following program to help you put together this page.

www.photoshop.com/express