



FOCUS ON 4-H

March 2010

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Webpage: <http://www.ugaextension.com/lamar/4H/index.html>



Lamar County Extension

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4-H CAMP SIGN-UP IN PROGRESS

Registration for 4-H camp is in progress right now at the **Lamar County Extension office**.

Cloverleaf Camp will be held at Rock Eagle 4-H Center in Eatonton, GA., July 5-9 for 5th and 6th graders.

Camp spaces are filled on a first-come, first-served basis. The cost for Cloverleaf camp is \$270. A non-refundable deposit of \$75 is due at the time of registration.

Junior Camp will be held at Jekyll Island 4-H Center on Jekyll Island June 21 – 25 for 7th and 8th graders.

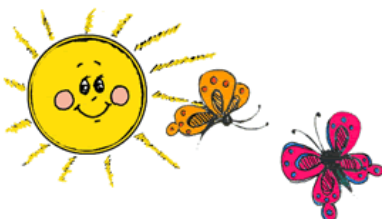
Camp spaces are filled on a first-come, first-served basis. The cost for Cloverleaf camp is \$295. A non-refundable deposit of \$75 is due at the time of registration.



Senior Camp will be held at Wahsega 4-H Center in Dahlonega, GA. July 5-9 for high school students. **Camp spaces are filled on a first-come, first-served basis.** The cost for Cloverleaf camp is \$290. A non-refundable deposit of \$75 is due at the time of registration.

4-H STATE HORSE SHOW INTENT FORMS

The intent to show forms are available on the Lamar County 4-H website for the 2010 State Horse Show. If you are a registered 4-H'er living and/or attending school in Lamar County, you must submit intent to show forms to the Lamar County Extension office. If not, you must contact the county extension office where you live and/or attend school for forms. Intent to show forms will be due to the Lamar County 4-H office by **Monday, March 1, 2010.**



4-H'ERS TO COMPETE

Congratulations and good luck to the 4-H'ers that will participate in the 4-H Public Presentation Contest at Rock Eagle on Saturday, March 6:

Jaimee Fletcher
Physical, Biological and Earth Sciences

David Henry
Arts & Crafts

Joseph Henry
Poultry & Egg Science

Juliette Henry
Sports

Courtney Jackson
Photography

Justin Miller
Performing Arts Piano

Austin Ogletree
Performing Arts Vocal

Donald Weitzel
Computers

Hannah Williams
History



These 4-H'ers can attend this competition through Operation Round-Up funds granted by Southern Rivers Energy. The Lamar County 4-H program is grateful to Southern Rivers Energy for its generous support.

At our next 5th grade 4-H club meeting, we'll "Focus on Fruits" and make a special fruity treat!



4-H MILKMAKE CONTEST

Lamar County 4-H Office
April 27, 2010

Fifth and sixth grade 4-H'ers, it's time to get creative with MILK. Find a creative or nutritious recipe for a milk drink. It's fun and easy to do! Here's what you need to do:

1. Write or type your recipe. List the ingredients and amounts needed, the number of servings it makes and the steps to follow in making it.

Make sure your name, address, home phone and teacher's name are on the back of your entry form. (No recipe will be accepted without all 4 items).



2. Make it at home.
3. Ask another person to taste it and get their reaction.

4. Enter your recipe in the contest. It will need to be turned into your teacher by **April 22**.

6. Come to the 4-H office on **April 27** and make your recipe for the judges.

7. Have fun making your recipe!

Recipes will be judged on nutrition, flavor and creativity. More information will be sent to those who turn in a recipe.

NORTHWEST DISTRICT JUNIOR RALLY "The Mysterious Clover"

All current 6th – 8th grade Junior members are invited to the Northwest District Junior Rally on April 24 -25 at Fortson 4-H Center. The cost is \$72 and includes 1 nights lodging at Camp Fortson 4-H Center, Saturday lunch through Sunday breakfast, dance, speakers, insurance, classes, Dixie Land Fun Park, and a lot of fun! Deadline to register is **Friday, March 26 by 5:00 pm**. This event is filled on a first-come, first-served basis so don't wait to sign up!

Discounts of \$22 will be given to the first three paid 4-H'ers that register for this event! Call the office at 770-358-5163 if you have any questions.



OPPORTUNITIES TO SERVE

JUNIOR AND SENIOR 4-H'ERS!

Help prepare the gardens behind the Lamar County Elementary School for planting on Monday, March 8, 2010. We need some hard workers to help with this project! Come to the 4-H Office at 5:00 p.m. You will spend an hour helping to get the raised beds ready for planting! Your parents can pick you up at the 4-H office at 6:15 p.m.



SENIOR CONFERENCE APRIL 2-3, 2010

A trip to UGA for G-Day to cheer on the Dawgs starting with a pep rally and tour of campus, dancing, the Amazing Race, flashlight Easter Egg Hunt, spending time with friends and meeting new ones, and much, much more!

The cost for the event is \$48 (if you register and pay before March 15). The cost will be \$63 (if you register and pay after March 15). The cost includes: includes 1 night's lodging, meals Saturday breakfast and Saturday lunch, activities, insurance, G-Day with t-shirt, and a lot of fun!



THE 2010 GEORGIA YOUTH SUMMIT

The Georgia Youth Summit is a statewide event designed to create an awareness of state/local issues, to enhance youth-adult partnerships on the local level, and to equip youth to become active locally in the betterment of their communities by identifying problems and developing solutions for issues related to economic development, education, health and safety. Senior 4-H'ers that will be in the 10th -11th grades during the 2010-2011 school year can participate. Scholarships will be available! Stay tuned for more information!



CHICKS AND CHICKENS FOR SALE

The Lamar County 4-H Club will have White Leghorn hens and chicks on sale beginning April 8. Contact the 4-H office at 770-358-5163 for more information.



NRCS CONSERVATION WORKSHOP JUNE 13-17, 2010

High school students with an interest in our natural resources have the opportunity to be a part in the 2010 Natural Resources Conservation Workshop June 13-17 at Middle Georgia College. The summer camp is open to Georgia high school students ages 15 and 18 who have not graduated from high school at the time of the workshop.

The mission of the workshop is to expose high school students to Georgia's natural resources and the opportunities and responsibilities that they provide. This workshop gives students an opportunity to learn about Georgia's natural resources—soil, water, air, plants, minerals, and animals. The camp utilizes classrooms and field trip activities to help interested young people learn the basic principles and the wise use of our natural resources.

Applications will be available in the 4-H office in April.

LET'S GO TO PUERTO RICO!



4-H Global Citizenship & Environmental Expedition May 30 – June 6, 2010

Here is an awesome opportunity for Senior 4-H'ers in the 9th – 12th grades to:

- have the benefit of an international experience and learn about Latin American culture, without technically leaving the U.S.
- engage our peers in a meaningful dialogue on 4-H youth development and Citizenship Programs
- learn about the lifestyles of youth in other cultures
- learn about environmental sciences through exploration of a variety of tropical ecosystems

The cost of the trip will be \$1,120 (approximately). No more than 16 senior 4-H'ers will be selected for this trip. If you are interested in this opportunity, download the information and an application on the Lamar County 4-H webpage at:

<http://www.ugaextension.com/lamar/4H/index.html>

Applications are due to the Lamar County 4-H office on Monday, March 15, 2010.

LEADERSHIP IN ACTION, MARCH 31

The Leadership in Action program is designed to recognize the work of Junior (7th – 8th) and Senior (9th – 12th) 4-H'ers as leaders in their communities. 4-H'ers will identify an issue or need in the community or an issue related to agriculture or the environment. Once this issue or need has been selected, the 4-H'er will determine ways to make a difference and then enact his/her plan. The process focuses on leadership engagement by the 4-H'er. Applications are available in the 4-H office and are due **March 31**. If you have any questions, please call the 4-H office at 770-358-5163.

GEORGIA 4-H PHOTO CONTESTS

Georgia 4-H announces three upcoming photo contests: (1) 4-H Photography Contest; (2) Focus on 4-H Contest and (3) 4-H Focus on Agriculture Contest.

The **4-H Photography Contest** is open to all Georgia 4-H'ers. Although it is not necessary, it is hoped that photo entries in this contest express creativity in communicating 4-H.

The **Focus on 4-H Contest** is open to youth and adults. The youth include all Georgia 4-H'ers. The adult category includes agents, county staff, parents and volunteers. Participants in this contest must submit photos that have an emphasis on 4-H.

The **4-H Focus on Agriculture Contest** is open to all Georgia 4-H'ers. The photos that are submitted in this contest should highlight agriculture in Georgia.

For more information on these contests, contact the Lamar County 4-H office at 358-5163. All entries must be received in the 4-H office by **Monday, May 17**.

UPCOMING ACTIVITIES

8th Grade Club Meeting
Monday, March 15
4-H Office
3:15 p.m.-4:15 p.m.

Senior 4-H Club Meeting
Thursday, March 11
4-H Office
5:15 p.m.-6:15 p.m.

6th – 7th Grade Club Meeting
Thursday, March 11
4-H Office
3:15 p.m.-4:15 p.m.