

4-**EVER CLOVER** Newsletter



MAY 2011

Murray County Extension

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Health and Code of Conduct Forms

All students that participate in out-of-school activities must have their parent complete a health form for each event. A code of conduct form must be completed once a year. These forms are located on our website.

I pledge

My HEAD to clearer thinking

My HEART to greater loyalty

My HANDS to larger service

and My HEALTH to better living

for my club, my community, my country, and my
WORLD!!



Water Conservation is an ever-growing concern for everyone on our planet. Americans join forces to save water across the nation. Make a difference. Take the 40 Gallon Challenge today and pledge to save water at www.40GallonChallenge.org



OPERATION KOOL KIDS CLASSROOM CHALLENGES

The participation with the classroom challenges was by far the best ever. Thank you to the individuals and classrooms that participated with pull tabs for the Ronald McDonald House and the penpal letters to students in Liberia. They have received the letters and hopefully they will reply before school is out.

CHICKENS, and GOATS, and COWS, OH MY!!!

LIVESTOCK CLUB INTEREST MEETING: Are you interested in showing livestock? How about judging poultry, cattle or horses? If so, please join us at the 4-H Center, June 7th at 6pm for a meeting. We will be discussing the future of Murray County 4-H Livestock clubs.



ADULT CHAPERONES NEEDED

We are looking for caring and responsible adult chaperones for summer activities! If you are interested in being a chaperone for Murray County 4-H, please stop in the 4-H office and fill out an application. If you are interested in driving and participating in some of the summer activities please join us at 7:00 p.m. on Tuesday, May 17 after the Cloverleaf Camp Parent meeting.



Murray County 4-H

WANTS YOU!

Are you are a rising 7th grader? Do you want to continue to be a part of the fun? If so, contact the 4-H office with your contact info and we will keep in touch!

ALSO

Please come and have lunch, swim, play games and meet the current Junior/Senior club members! Anyone going into 7th grade is invited to a welcome cook-out at Ft. Mtn. State Park

You must come by the 4-H office to sign up

- WHEN: Friday, May 27 TIME: 10:00 am - 3:00 pm
- MEET: 4-H Office LIMIT: 20
- COST: \$5.00 WEAR: Shorts, t-shirt, and tennis shoes
- BRING: A backpack with sandals, swimsuit (girls must wear a one-piece), sunscreen and towel.

SAVE THE DATE



ATTENTION! Participants of DPA in Rome, GA, Poultry Judging Team, Hilltop Stitches Club, Conasauga River Titraters Club and Junior/Senior Club Members! Our end of the year Awards Banquet "WHO DONE IT" will be held on August 18, 2011. Please save this date! We will be sending out invitations in July!

DATES TO REMEMBER

- Cloverleaf Camp Parent Meeting.....May 16
- Adult Volunteer Meeting.....May 16
- Summer Camp Registration Day..... May 23
- Cloverleaf Camp at Wahsega.....May 30 - June 3
- Livestock Club Interest Meeting.....June 7

Cloverleaf Camp at Camp Wahsega

4-H'ers are going to Wahsega 4-H Center in Dahlonega, Georgia the week of May 30-June 3, 2011. Activities will include gold panning, river tubing, swimming and waterfalls, zip line and high ropes, archery and ultimate Frisbee, arts and crafts, dances, talent show and much more.

Camp sign-up is still going on. Please come and register at the 4-H Office The full cost of camp is \$255. We are having a Parent informational meeting on May 17, 2011 at 6:00pm at the 4-H office. If you are signed up to come to camp, you MUST attend the meeting.

Poultry judging

The following students represented Murray County in the Poultry Judging Contest in McDonough on Tuesday, April 12: **Katrin Arango, Dakota Owens, Whitney Gribble, Morgan Beavers, Drew Mason, Emily Phillips, Katie Dunn and Sarah Dunn, Thank you.**



NOTES OF CONDUCT

Please read the full Code of Conduct form available in the 4-H office!

- * Girls MUST wear a ONE-PIECE bathing suit
- * No Flip-Flops
- * No spaghetti straps & shorts must reach mid-thigh
- * Electronics are not to be used during activities



SUMMER DAY CAMP ACTIVITIES




Registration for summer activities opens on Monday, May 23 from 8:00 a.m.-8:00 p.m. A parent or guardian must register their 4-H'er in person. Last year classes filled within the first day of registration. (NO REFUNDS unless class cancels. Limits for attendance depend upon adult volunteer participation.)

We will take applications for summer day camp scholarships at the time of registration.

PORTFOLIO WORKSHOP
FOR RISING 7-12 GRADERS ONLY!

You are invited to attend a Portfolio Workshop to help prepare the perfect portfolio! This workshop will teach you how to prepare a successful portfolio for next year's the District Project Achievement. Afterwards, we will be going swimming at Ft. Mt. State Park. **BRING:** swimsuit (girls must wear a one-piece), sunscreen and towel.


WHERE: 4-H office/Ft. Mt. **WHEN:** Tues, June 7
TIME: 10:00am-3:00pm **COST:** \$5
PROVIDED: Lunch/drinks **LIMIT:** 15



CUPCAKE WARS!!!

Come ready to battle! We will start with some cake decorating basics then you will have the chance to decorate your own cupcakes! At the end of the day, you can enter your design in the CUPCAKE WAR!

WHEN: June 15 **WHERE:** 4-H office
TIME: 2:00-4:00pm **COST:** \$5 **LIMIT:** 10




WILD CAVE ADVENTURE

WHERE: Raccoon Mountain, Chattanooga, TN
WHEN: Thursday, June 9
TIME: 9:30 a.m. - 5:00 p.m.
DROP OFF/PICK UP: 4-H Office
WEAR: Jeans, t-shirt, and flannel shirt or jacket. Hiking boots or high top sneakers are a must for Raccoon Mountain.
BRING: Backpack with an extra outfit to change into for ride home. If you want drinking water in the cave, it must be attached to your belt.
COST: \$40 **LIMIT:** 20
LUNCH WILL BE PROVIDED

Experience the challenges of underground chambers, canyons, and tunnels requiring you to walk, crawl, and climb over and under, a rugged maze of varying rock formations. Getting dirty is part of the caving excitement. This is a group adventure that builds confidence and self-esteem. Each student must wear a safety helmet, gloves, and kneepads that will be provided by Raccoon Mountain staff. A special release form must be filled out by a parent at registration.

Service Learning Project #1

Senior-manial!




WHEN: Thurs, June 16 **TIME:** 9:30 am -2:30 pm
WHERE: Chatsworth Health Care Center **LIMIT:** 15
DROP OFF/PICK UP: 4-H Center **COST:** \$10

In the morning the students will make a lap quilt, then have lunch at the park. In the afternoon they will visit the Chatsworth Health Care Center to play Bingo. Each student will give the lap quilt to a senior and make them smile with con-

versation. Make a difference to a senior. **LUNCH PROVIDED**

Service Learning Project #2



Green Team

Keep Chatsworth-Murray Beautiful/Adopt a Mile

WHEN: Thursday, June 23 **TIME:** 9:00am - 2:00 pm
DROP OFF/PICK UP: Recycling Center, located at 302 E Market Street (corner of Market & 1st Ave.)
COST: \$5 **LUNCH:** Provided **LIMIT:** 15

Spend the day learning about litter prevention and recycling with Sandi Adams. Enjoy a fun-filled day and serve your community. Your day is packed with different activities and your mission is to clean up



H2O Day Camp

This class has a year commitment to take monthly water analysis at designated sites on the Conasauga River or Holly Creek. This is for rising 7th graders and older. A schedule will be emailed to participants.

WHEN: June 27 - July 1, 2011 **LIMIT:** 15

COST: \$100

Class 1: Adopt a Stream Monitoring certification Class and tubing in Ellijay

Class 2: American Red Cross CPR Certification (Rose Geer) **Can be taken alone for \$25**

Class 3 & 4: Overnight canoe trip on the Duck River in Tennessee

Class 5: Snorkeling and studying invertebrates at Taylor's Blue Hole

At the end of the year, all participants will be treated to a rewards trip

Knitting

KNIT101 - Wed. July 6, 2011

Introduces the long-tail cast-on method and the knit stitch. Students will begin making a simple garter stitch dishcloth.



KNIT102 - Wed. July 13, 2011

Introduces knitting in the round, the purl stitch and binding off. Students will complete the garter stitch dishcloth and begin working on a hat.

KNIT103 - Wed. July 27, 2011

Introduces the techniques for increasing, decreasing, and working with double pointed needles. Students will complete the hat in this session.

The students will receive a pair of US8 straight knitting needles, US8 16" long circular needles, US8 double pointed needles, one ball of cotton dishcloth yarn, and one skein of worsted weight yarn. The instructor, Megan Robinson works at The Yarn Shop in Dalton.

COST: The cost for all three sessions is \$30, which includes all materials.

WHERE: 4-H Center

TIME: 1:00pm - 3:00pm

"NANTAHALA GORGE"

Rafting Trip



WHEN: Thursday, July 7 **WHERE:** brooksiderafting.com

TIME: 8:30 am – 6:00 pm **DROP OFF/PICK-UP:** 4-H Office

BRING: Sunscreen, hat, extra change of clothes for trip home, towel, and water shoes.

COST: \$35 **LIMIT:** 20 **PROVIDED:** Lunch

*The Nantahala Gorge is located in Topton, North Carolina. The gorge is noted for white water rapids which are ideal for first timer rafters. This popular river trip creates an exciting and fun-filled day. Special forms will need to be filled out at registration.

Service Learning Project #3

River Riders I

WHEN: Tuesday, July 12 **DROP OFF/PICK UP:** 4-H Center

TIME: 9:30 a.m. – 2:30 p.m.

River Riders II

WHEN: Thursday, July 14 **DROP OFF/PICK UP:** 4-H Center

TIME: 8:00 a.m. – 5:00 p.m.

WEAR: Water shoes, swim suit, old clothes, hat, sun screen, and bug spray.

COST: \$25 for both classes **LIMIT:** 12

BRING: Backpack with towel, extra clothes, lunch and snacks/3 waters.

This is a two-part class. The first class will be held at Fort Mountain State Park where we will learn about water quality and learn how to conduct a chemical and visual analysis of a river. Learn how to maneuver a canoe and practice canoe over canoe rescue. The second class will take us on a day canoe trip down the Conasauga River where we will pick up trash as we enjoy a day of canoeing.

Service Learning Project #4

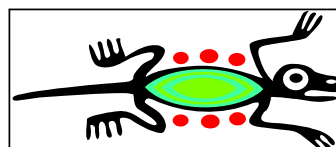
Spend the morning learning about the history of the Vann House with Tim Howard a history teacher at Bagley Middle School, who makes history fun. The students will take a tour of the Vann House and then they will spend the afternoon helping to prepare this historical site for the Vann House Day. Lunch will be provided.

WHEN: Wednesday, July 20 **WHERE:** Chief Vann House

DROP OFF/PICK UP: 4-H Center **TIME:** 9:00am-3:00pm

COST: \$5

LIMIT: 20





Hiwassee Kayak & Overnight Camping Trip

LIMITED TO RISING 7-12 GRADERS!

WHEN: Tuesday, July 26-Wednesday, July 27

WHERE: Reliance, TN **LIMIT:** 20 **COST:** \$40

TIME: 8:30am (July 26) -12:00pm (July 27)

DROP OFF/PICK UP: 4-H Center **PROVIDED:** All Meals

WEAR: Water shoes, hat, swim suit, suntan lotion, and backpack with drinks, and towel.

BRING: Sleeping bag, pillow, flashlight, toiletries, and insect repellent (non aerosol pump), suntan lotion, towels, and tennis shoes. Also bring money for snacks!

The Hiwassee River is 5.5 miles of Class I and II whitewater. The day will be spent on the river with 2-man inflatable kayaks, playing in the creek, and s'mores around the campfire. **** Special forms will be required at registration.**

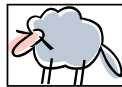
Crocheting

The crochet class is going to be a three session class. Students will receive two hooks and yarn. Participants will learn the chain stitch, single and double crochet, and how to read a pattern. The project for the class will be making hats.

CROCHET 101 - Wed. Aug. 3, 2011

CROCHET 102 - Wed. Aug 10, 2011

CROCHET 103 - Wed. Aug. 17, 2011



COST: The cost for all three sessions is \$30, which includes all materials.

WHERE: 4-H Center **TIME:** 1:00pm - 3:00pm

"WINDOWMANIA"



WHEN: Tues, July 5 **WHERE:** Senior Center

TIME: 10:00am - 1:30pm **DROP OFF/PICK UP:** Senior Center

BRING: Towel and a change of clothes **COST:** \$3

WEAR: Hat, sunglasses, sunscreen, old clothes. **LIMIT:** 20

Spend the day serving others by washing windows, and the senior buses.



A Day of Adventure Zip-lining at Ruby Falls

Come for a view of the Scenic City from the tree tops at Ruby Falls! This challenge is made up of suspended obstacle courses built in trees that include ladders, nets, walkways, bridges, tunnels, and zip lines! **Participants MUST be at least 11 years old with a vertical reach of at least 70".**

MAKE YOUR OWN PIZZAAND PARTY!!



WHEN: Thursday, August 4

TIME: 9:30 a.m. - 2:00 p.m.

DROP OFF/PICK-UP: Spring Place Baptist Church

COST: \$12 **LIMIT:** 20

Learn how to make pizza dough and pizza sauce from scratch! With volunteers Ann Bailey and Peggy Adams, you will learn how to set a table, eat with manners, and help clean up.



SEW? You want to SEW?

Well, then come and join us for a fun day of sewing! We will learn how to use and maintain a sewing machine and will make a hamburger pin cushion for all of your sewing projects for the coming year!

WHEN: Tuesday, August 2

WHERE: 4-H office **TIME:** 9:30am - 3:00pm

COST: \$10 **Lunch** will be provided!



SHOP~A~PALOOZA!!

Come shop with us!

This is the kickoff to a new club/judging team called Cotton Boll. This club teaches students the importance of cotton as an agricultural commodity and the ability to make knowledgeable decisions when purchasing goods.

DAY 1 - Wednesday, August 9 - learn to prepare a poster that promotes Cotton by doing a 30 second cotton commercial!

Day 2: Wednesday, August 11 - Discussing the 4 classes and a trip to Wal-Mart to comparison shop!

WHERE: 4-H Center **TIME:** 10:00am - 3:00pm

COST: \$10 **Lunch** provided!

WHEN: Monday, July 29 **WHERE:** Chattanooga, TN

TIME: 9:30am - 3:30pm **COST:** \$35 **LIMIT:** 20

DROP OFF/PICK UP: 4-H Center

BRING: backpack, change of clothes, lunch, hat, sunglasses, bug spray (non-aerosol pump), and sunscreen

WEAR: Loose-fitting pants and tennis shoes

2011 SUMMER DAY CAMP REGISTRATION

4-H'ers NAME _____ Health Form _____ COC _____

PHONE # _____ School _____ Grade _____

CONTACT NAME _____ CELL PHONE# _____

E-MAIL _____

Date	Activity	Cost	Paid
June 7	Portfolio Workshop*	\$5	
June 9	Wild Cave Adventure	\$40	
June 15	Cupcake Wars	\$5	
June 16	SL #1 - Senior-Mania	\$10	
June 23	SL #2 - Green Team	\$5	
June 27 - July 1	H2O Camp*	\$100	
July 6, 13, 27	Knitting 101 - 102 - 103	\$30	
July 5	Window-Mania	\$3	
July 7	Nantahala Gorge Rafting	\$35	
July 12 & 14	SL #3 - River Riders I & II	\$25	
July 20	SL #4 - Chief Vann House	\$5	
July 26 & 27	Hiwassee Kayak & Overnight Camping*	\$40	
Aug 3, 10, & 17	Crochet 101 - 102 - 103	\$30	
August 1	A Day of Zip-Lining	\$35	
August 2	So? You want to Sew?	\$10	
August 4	Make your own pizza	\$12	
August 9 & 11	Shop-a-palooza	\$10	

*These activities are for rising 7th graders through 12th graders only.