

# **SENIOR 4-H PORTFOLIO CHALLENGE**

*For 9<sup>th</sup> -12<sup>th</sup> graders*

**1. Choose a project** (or two, if you can't decide yet)

<http://www.georgia4h.org/public/more/guidebook/senior03.html>

- What do you spend the most time practicing, playing, learning, reading, etc.?
- If you could do something totally new for a hobby or job, what would it be?
- What resources do you have... a neighbor who is a veterinarian? A parent who works at the bank? A grandparent who was a marine biologist?

**2. Fill in your portfolio with things you have done since January 1, 2008.**

- This can include paid work, volunteer hours, 4-H activities, scout activities, school events, field trips, speakers, church activities, sports practices and games, family trips, magazine articles, school assignments, books, television shows...
- Use numbers, hours, and explanations. For instance, "babysat a 3-year-old and a 5-year-old for 4 hours, taught them to play hopscotch" is much stronger than "babysat."
- Don't worry about formatting. Include everything you can think of, even if you're unsure if it fits. This is a rough draft, so put down everything!

**3. (In parentheses, add things you plan to do later in the year.)**

**4. Beside any activity that you have photos, ticket stubs, newspaper articles, or other supporting material, add an asterisk.\***

- Collect digital photos in a folder called "Portfolio 2009" on your computer.
- Keep your other materials in an envelope, folder, or box that you won't lose between now and next year... or take photos of them to add to the digital file.

**5. E-mail your portfolio document to Ms. Terri at [tkimble@uga.edu](mailto:tkimble@uga.edu) before the end of each month** starting in June to earn a small prize and a ticket for the grand prize to be announced in January.

- In addition to your portfolio rough draft, you can also send photos you'd like the office to keep on file "just in case" something happens to your copy at home.

## **WHY SHOULD I DO A PORTFOLIO??**

- Spend 3 days and 2 nights at Rock Eagle with 700 new friends, to dance, compete, and more... for FREE!
- Win a trip to shop, dance, attend semi-formal and formal banquets, play at Six Flags and more at State Congress and National 4-H Congress... for FREE!
  - Reward activities or trips in November and December!
  - Improve your writing skills!
  - Prepare for award, scholarship, college & job applications!
- Plus, you'll earn prizes & tickets for the grand prize every month!!



**Questions? Want to learn more?**

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Newton County 4-H  
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# Senior Portfolio Outline

## **Main Project Work**

**20%**

Includes activities in the project area that portfolio is submitted. These activities may include articles made or prepared, animals cared for, acres tended, size of project, etc. Also, includes learning experiences in the project area such as workshops, tours, interviews, books and pamphlets read, etc. Honors and awards in the main project may also be included.

## **Main Project Sharing and Helping Experiences**

**30%**

Includes activities where the 4-H'er shared the information learned in the main project area or helped someone else in that area. Sharing activities include (but are not limited to) demonstrations, exhibits, talks, and news articles written. Helping activities include such activities as leading a project club, teaching a class, assisting another 4-H'er in the project, or working on a community service project.

## **Other Leadership and Teen Leadership Activities**

**20%**

These are activities not related to the main project in which the 4-H'er had a leadership role. Activities may include (but are not limited to) offices held, committees served on, serving as a teen leader for an activity or assisting a fellow 4-H'er.

## **Other Community Service and Citizenship Activities**

**20%**

Again, these activities are not related to the main project. Community service and citizenship activities should include (but are not limited to) activities where a 4-H'er as an individual or part of a group provides a service or completes a project for the betterment of the community. Examples include work with the elderly, beautification projects, assisting the disabled or youth at risk.

## **Other Activities**

**10%**

These activities are those not listed elsewhere in the portfolio. Participation in county, district, region or state events, judging teams not related to the main project and awards and recognition may be included. A 4-H'er may include activities (learning, sharing, & helping) in a second 4-H program. Information about school, community or church activities or any other activities that have not been listed elsewhere may also be included.

\* Arts & Crafts \* Beef \* Communications \* Companion Animal Science \* Computers \*  
\* Conservation of Natural Resources \* Dairy & Milk Science \* Dairy Foods \*  
\* Dog Care & Training \* Entomology \* Environmental Science \*  
\* Family Resource Management \* Fashion Revue \* Festive Foods for Health \*  
\* Flowers, Shrubs, & Lawns \* Food Fare \* Food Fast & Healthy \*  
\* Food Safety & Preservation \* Forest Resources & Wood Science \*  
\* Fruits, Vegetables, & Nuts \* General Recreation \* Health \* History \* Horse \*  
\* Housing, Equipment & Environment \* Human Development \* International \*  
\* Outdoor Recreation \* Performing Arts - Dance \* Performing Arts - General \*  
\* Performing Arts - Instrumental \* Performing Arts - Piano \* Performing Arts - Vocal \*  
\* Photography \* Physical, Biological & Earth Science \* Plant & Soil Science \*  
\* Pork Production \* Poultry & Egg Science \* Power & Energy \* Public Speaking \* Safety \*  
\* Sheep and Meat Goats \* Sports \* Target Sports \* Textile, Merchandising & Interiors \*  
\* Veterinary Science \* Wildlife & Marine Science \*  
\* Workforce Preparation & Career Development \* There's a project for everything! \*