



# Sumter County 4-H

November 2009



## 4-H Project Achievement

**Cloverleaf:** Speech and Poster Contest! Demonstrations by 5<sup>th</sup> graders will be given during November Club meetings and 6<sup>th</sup> graders will give presentations in January. Really good speeches will be invited to County PA Workshops and County Project Achievement to compete against other 5<sup>th</sup> and 6<sup>th</sup> graders in the county. We hope you establish yourself as a leader in our club by participating in this core program this year.

### Project Areas:

Agriculture Awareness	Dog Care and Training	Health	Photography
Air Science	Electric/Electronic	History	Plants, Soils, Fertilizers
Archaeology	Entomology	Horse	Pork Production
Arts	Flowers, Shrubs, Lawns	Housing, Equipment, & Environment	Poultry & Egg Science
Beef	Food Fare	Human Development	Power and Energy
Between Meal Snacks	Food for Fitness	Interior Design	Public Speaking
Bicycle	Food for Health & Sport	International	Rabbits
Cat Care	Food for the Family	Kitchen Fun	Safety
Clothing and Textiles	Food Safety and Preservation	Marine & Coastal Ecology	Sheep and Meat Goats
Communications	Forest Resources & Wood Science	Ocean Ecology	Sports
Computers	Fresh Water Fish & Shellfish	Outdoor Recreation	Target Sports
Companion Animal Science	Fruits, Nuts, Vegetables	Outdoor Survival Skills	Time and Money Management
Conservation & Recycling	General Recreation	Paleontology	Using Water Wisely
Crafts	General Science	Performing Arts – General, Instrumental, Vocal	Veterinary Science
Creative Stitchery	Geology		Wildlife
Dairy and Milk Science			Workforce Preparation and Career Development
Dairy Foods			

**Juniors and Seniors:** Should contact Miss Keri to discuss project area as some project areas are different for these groups. In addition, you will need a project tracking grid to prepare your portfolio for your project. Portfolio drafts are due November 30 with the final draft due Friday, December 18<sup>th</sup>.



## 4-H Peanutrition Contest! (for 5<sup>th</sup> – 8<sup>th</sup> graders)

It's a Food and Nutrition Activity for Cloverleaf and Junior 4-H'ers sponsored by the Georgia Peanut Commission. **Turn in your recipe to your science teacher or the Extension Office by Friday, Dec. 11.**

### Cloverleaves (5<sup>th</sup> & 6<sup>th</sup> graders):

1. Make favorite peanut butter sandwich and ask another to try it.
2. Write recipe yielding one sandwich on card or paper with name and club number. (Can be original recipe, but doesn't have to be.)
3. Recipes will be judged on taste, appeal, and appropriateness of category.
4. Winners in 5 categories: Overall, Most Nutritious, Most Unusual, Most Ingredients, and Messiest.

### Juniors (7<sup>th</sup> & 8<sup>th</sup> graders):

1. Submit recipe for favorite uncooked snack containing a peanut product.
2. Write recipe yielding 1 serving. Must include a minimum of either ¼ cup peanuts (any kind: raw, roasted, salted, dry roasted, chopped or ground); or 2 T peanut butter or peanut candy.
3. Recipes will be judged on taste, appeal, and appropriateness of category.
4. Winners in 5 categories: Overall, Most Nutritious, Most Unusual, Easiest to Prepare, and Most Variety of Peanuts Used.

## 4-H Operation Desert Support (for our troops!!!)

You are invited to sew and decorate stockings for our deployed troops on Tuesday, Nov. 24 from 9 A.M. - 3 P.M. at the Sumter County Extension Office. Please bring \$4.00 for lunch (we will order pizza), and try to bring an item to fill the stockings. (You don't have to stay the whole day if you're not able to.)

**Suggested Donations:** Beef Jerky, Individual packs of Sunflower Seeds or Peanuts, Power / Protein Bars, Individual packs of snack Crackers, Packs of Gum, Baby Wipes, Tuna Salad (in ready to mix packs), Individual packs of Skittles or Starburst, Candy Canes, Razors, Tooth Brushes / Tooth Paste.

*We had a lot of fun doing this last year. Hope to see you the 24<sup>th</sup>!*

## Fall Forum at Rock Eagle

Calling all Senior 4-H'ers and Volunteers! Fall Forum is sure to be an exciting time for you as the program includes a mix of tradition and new programming centered around the theme, "Georgia 4-H: Don't Stop Believing." Teen and Volunteer Instructors and Exhibit Fair participants are needed. (See Miss Keri for more details; applications are due with registration by 11/30.) (The adult volunteer track sponsored by Monsanto includes opportunities for leaders to learn about club leadership and programming.) **Cost for the weekend includes meals, lodging, and transportation: \$65. Registration is due November 30 at the Ext. Office.**

## Congratulations!

Sumter County was represented well at both the Georgia National Fair and the Albany Exchange Club Fair! At the **Georgia National Fair**, congratulations go to **Sarah Dye** (1<sup>st</sup> in decorated agricultural products), **Anjum Alam** (4<sup>th</sup> in decorated agricultural products and 3<sup>rd</sup> in Cloverleaf minibooth), **Zafar Alam** (1<sup>st</sup> place Junior minibooth), **Maggie Tu** (7<sup>th</sup> place decorated scarecrow), **Caylee Hammock** (4<sup>th</sup> place vocal variety show), **Sherdica Dugger** (10<sup>th</sup> place Cloverleaf Pizza), and to our 4<sup>th</sup> place Challenge Bowl Team consisting of **Christopher Fraser, David Busman, Zafar Alam, Lauren Busman, Anjum Alam, and Kelby Hobbs** (volunteer). At the Albany Exchange Club Fair: 1<sup>st</sup> place minibooths went to **Zafar Alam and Anjum Alam**; 3<sup>rd</sup> place minibooth – **Christopher Fraser**, and 3<sup>rd</sup>, 7<sup>th</sup>, and 8<sup>th</sup> place photographs go to **Morgan Bowen**. Congratulations to all! Your coach is very happy. ☺

## National Youth Science Day Experiment

Thanks to all who attended the National Youth Science Day Experiment at the 4-H Office Wednesday, October 7<sup>th</sup>. We were glad to welcome our Dooly County 4-H friends to join in the activity. Our BioBlast Experiment was led by the Sumter County Youth Summit Team and our 4-H SET Ambassador. Sumter County Senior 4-H Leaders included: Matthew Bowen, Christopher Fraser, Collin Steele, and Keri Gandy. A fun time was had by all! Save the date for next year: October 6, 2010!

## Save the Dates:

- 11/6 – 5<sup>th</sup> grade Essay Contest Entries Due
- 11/7-11/8 – Junior Conference
- 11/20 – Camp Counselor Applications Due
- 11/24 – Operation Dessert Support
- 11-30 – Jr./Sr. Portfolio Drafts Due
- 11/30 – Sr. Fall Forum Registration
- 12/11 – Peanutrition Recipes Due
- 12/11 – Pop Tab Contest Ends
- 12/12 – 12/13 - Fall Forum
- 12/14-12/16 – Jr./Sr. Portfolio Workshops
- 12/17 – 4-H Awards Night
- 12/18 – Jr./Sr. Portfolios Due

Next Meeting:

Learning *for* Life



THE UNIVERSITY OF GEORGIA  
**COOPERATIVE EXTENSION**  
Colleges of Agricultural and Environmental Sciences & Family and Consumer Sciences

Questions?:  
Contact Keri Gandy, 4-H Agent  
at (229) 924-4476 or  
visit us at 331 Hwy 19 South in Americus.

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