

## **Team Building Activities and Ice Breakers for use with PDT's**

### **Parts of a Car**

Size of Group: unlimited, but should be divided into groups

Materials: Flip chart and markers

Time: 20 minutes

Divide participants into groups and give each group markers and a piece of flip chart paper. Instruct them to draw the outline of a car on the paper. Then each member adds one detail to the car indicating a strength they might bring to the Advisory Group and label it. Ex) Someone might draw headlights and say that they bring "long range vision" to the group. Have each group share their car in front of the group when all are done.

### **Values**

Size of Group: divide into groups of 4 – 8

Materials: Index cards and pens

Time: 15 – 20 minutes

Give each participant a card and ask them to identify 3 things they value: an object, a relationship, and an idea. In the small groups, ask them to share their list and explain their choices.

### **Commonalities**

Size of Group: Divide into groups of 4 – 5

Materials: none

Time: 15 minutes

Divide into groups of 4 – 5 and ask them to exchange names within the group. In the group, generate a list of things that are common to all members of the group, but not identifiable by just looking at each other (i.e. speaking a foreign language, drinking the same type of soda, etc). Give them 5 minutes to make a list of 3 items. (another option is to make it a contest and see which group can generate the most ideas. Pull the groups together and ask for some examples.

## **The Perfect Team Member**

Size of Group: Divide into groups of 5 – 6

Materials: Flip chart and markers

Time: 15 – 20 minutes

Give each group a piece of flip chart paper and markers and ask them to draw the perfect advisory team member and label their characteristics. For example, they might have big ears to listen and hear the needs of the community. After each group is finished, have them post their “person” on the wall and describe them.

## **Helpful Online Resources for Activities**

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Ohio State University Extension: Building Teams Website

<http://www.ag.ohio-state.edu/~bdg/>

Wilderdon

<http://www.wilderdom.com/games/>

Fun Team Building Page of Resource Links

<http://www.funteambuilding.com/links.html>

The Camp Rena Collection

<http://www.camprena.com/index.html>

Fun Doing Activity Page

<http://www.fundoing.com/Activities.html>